## The role of eosinophils in physiology and disease: Is complete depletion of eosinophils the goal?



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### The role of eosinophils in homeostasis and disease





# Physiologic roles of eosinophils



ECP, eosinophil cationic protein; EDN, eosinophil-derived neurotoxin; EPO, eosinophil peroxidase; MBP, major basic protein. Kanda A, et al. *Allergol Int.* 2021;70:9–18.

#### Immune response

- Production of cytotoxic mediators (MBP, EPO, ECP, EDN)
- Production of pro-inflammatory cytokines and chemokines
- Host defence against parasitic, viral, fungal and bacterial infections

#### **Tissue homeostasis**

- Metabolic homeostasis
- Wound healing
- Epithelial remodelling in the respiratory tract
- Homeostasis in the intestinal environment and microbiota





## Pathogenic roles of eosinophils



**EGPA** 

CRSwNP, chronic rhinosinusitis with nasal polyposis; EGPA, eosinophilic granulomatosis with polyangiitis. Kanda A, et al. *Allergol Int.* 2021;70:9–18.

#### Atopic dermatitis

#### Gastrointestinal diseases

### Airway inflammationSevere eosinophilic asthma

- CRSwNP





# The biology of eosinophils and IL-5



#### IL-5

Promotes eosinophil differentiation and maturation haematopoietic progenitor cells





	IL-5
n from	<ul> <li>Synergizes with eotaxins, contributing to eosinophil recruitment to the airways</li> <li>Induces eosinophil adhesion to and migration in the extracellular matrix which allows trafficking toward the bronchi</li> </ul>
	<b>Migration and recruitment to tissues</b>
ture eosinoph	nil Circulation
	Airways



# The biology of eosinophils and IL-5



Contributes to eosinophil functional activation Inhibits eosinophil apoptosis



Airways



IL, interleukin. Pelaia C, et al. Front Physiol. 2019;10:1514.



#### IL-5



#### Activated eosinophil





# **Physiologic roles of eosinophils**



IgE, immunoglobulin E; ILC2, group 2 innate lymphoid cells; PGD2, prostaglandin D2; Th2, T helper 2; TSLP, thymic stromal lymphopoietin. Pelaia C, et al. *Front Immunol.* 2020;11:603312.





# **Eosinophils in homeostasis and disease**

Eosinophils play a central role in physiologic immune response and tissue homeostasis

Excessive or dysregulated eosinophil activation drives the pathogenesis of inflammatory diseases in different tissues and organs, including type 2 asthma

IL-5 is the key cytokine that supports all stages of the life cycle of eosinophils, from eosinophilopoiesis, to migration to tissues and activation





## Immunobiology of eosinophilic therapy







IgE, immunoglobulin E; IL, interleukin; ILC2, group 2 innate lymphoid cells; PGD2, prostaglandin D2; Th2, T helper 2; TSLP, thymic stromal lymphopoietin. Pelaia C, et al. *Front Immunol.* 2020;11:603312.





# Mepolizumab and reslizumab

### Anti-IL-5 monoclonal antibodies



βc, common beta chain; IL-5Rβ, interleukin-5 receptor beta. Pelaia C, et al. *Front Immunol.* 2020;11:603312.

Eosinophil maturation, activation, migration and survival

#### Mepolizumab

#### IL-5 inhibition

- Reduced eosinophilopoiesis
- Reduced migration to tissues
- Inhibition of eosinophil activation
- Reduced survival/increased apoptosis •



### Benralizumab

### **Anti-IL-5R**α **monoclonal antibody**



ADCC, antibody-dependent cell-mediated cytotoxicity; FcγRIIIa, fragment crystallizable region gamma receptor IIIa; NK, natural killer. Pelaia C, et al. *Front Immunol.* 2020;11:603312.

Eosinophil maturation, activation, migration and survival

#### ADCC

- Induction of apoptosis
- Eosinophil depletion

#### IL-5 inhibition

- Reduced eosinophilopoiesis
- Reduced migration to tissues
- Inhibition of eosinophil activation
- Reduced survival/increased apoptosis •



# Mepolizumab, reslizumab and benralizumab

### **EMA approval and recommended use for asthma**



EMA, European Medicines Agency; GINA, Global Initiative for Asthma; ICS, intranasal corticosteroids; LABA, long-acting beta-agonists; SPC, summary of product characteristics. 1. EMA. Mepolizumab SPC, 2019. Available at: www.ema.europa.eu/en/documents/product-information/nucala-epar-product-information\_en.pdf (accessed 8 February 2021); 2. EMA. Reslizumab SPC, 2019. Available at: www.ema.europa.eu/en/documents/product-information/cinqaero-epar-product-information\_en.pdf (accessed 8 February 2021); 3. EMA. Benralizumab SPC, 2020. Available at: www.ema.europa.eu/en/documents/product-information/fasenra-epar-product-information\_en.pdf (accessed 8 February 2021); 4. GINA report, 2020. Available at www.ginasthma.org/wp-content/uploads/2020/06/GINA-2020-report\_20\_06\_04-1-wms.pdf (accessed 11 February 2021).



# Mepolizumab

### Indications for eosinophilic inflammatory diseases other than asthma

#### Hyper eosinophilic syndrome



Orphan drug designation<sup>1</sup>



• Approved indication<sup>2</sup>

EGPA, eosinophilic granulomatosis with polyangiitis; FDA, US Food and Drug Administration; PI, prescribing information. 1. EMA. Mepolizumab, public summary of opinion on orphan designation for hyper eosinophilic syndrome, 2020. Available at: www.ema.europa.eu/en/documents/orphan-designation/eu/3/04/ 213-public-summary-positive-opinion-orphan-designation-mepolizumab-treatment-hypereosinophilic\_en.pdf (accessed 8 February 2021); 2. FDA. Mepolizumab PI, 2020. Available at: www.accessdata.fda.gov/drugsatfda\_docs/ label/2020/761122s005lbl.pdf (accessed 8 February 2021); 3. EMA. Mepolizumab, public summary of opinion on orphan designation for Churg Strauss syndrome, 2020. Available at: www.ema.europa.eu/en/documents/ orphan-designation/eu/3/13/1116-public-summary-opinion-orphan-designationmepolizumab-treatment-churg-strauss-syndrome\_en.pdf (accessed 8 February 2021).



#### **EGPA (Churg Strauss syndrome)**

• Orphan drug designation<sup>1</sup>



#### • Approved indication<sup>2</sup>





# Dupilumab

### **Anti-IL-4R**α monoclonal antibody



γc, common gamma chain; IL-13Rα1, interleukin-13 receptor alpha 1; IL-4Rα, interleukin-4 receptor alpha. Pelaia C, et al. *Front Immunol.* 2020;11:603312.

IgE class switching and eosinophil chemotaxis

#### IL-4 and IL-13 signalling inhibition

- Inhibition of IgE class switching
- Prevention of mast cell activation
- Reduced eosinophil chemotaxis



# Dupilumab

### EMA approved indications and recommended use for asthma



#### Severe asthma (add-on maintenance)<sup>1</sup>

- Adults
- Adolescents ≥12 years old

#### Atopic dermatitis<sup>1</sup>

- Adults
- Adolescents ≥12 years old
- Children ≥6 years old

#### Severe CRSwNP (add-on with ICS)<sup>1</sup>

Adults not responding to ICS or surgery

CRSwNP, chronic rhinosinusitis with nasal polyposis; FeNO, fractional exhaled nitric oxide; ppb, parts per billion. 1. EMA. Dupilumab SPC, 2021. Available at: www.ema.europa.eu/en/documents/product-information/dupixent-epar-product-information\_en.pdf (accessed 11 February 2021); 2. GINA report, 2020. Available at www.ginasthma.org/wp-content/uploads/2020/06/GINA-2020-report\_20\_06\_04-1-wms.pdf (accessed 11 February 2021).

GINA guidelines recommend anti-IL-4R therapy for patients with FeNO 225 ppb or blood eosinophils count 2150 cells/µL<sup>2</sup>





### Omalizumab

### Anti-IgE monoclonal antibody



FcεRI, fragment crystallizable region epsilon receptor I. Pelaia C, et al. *Front Immunol.* 2020;11:603312. IgE-mediated allergic inflammatory response

#### Inhibition of IgE signalling

- Reduced release of proinflammatory mediators
- Reduced inflammatory response



### Omalizumab

### EMA approved indications and recommended use for asthma



#### Allergic asthma<sup>1</sup>

- Adults
- Adolescents ≥12 years old
- Children ≥6 years old

#### Chronic spontaneous urticaria (add-on)<sup>1</sup>

- Adults
- Adolescents ≥12 years old
- Not responding to H1-antihistamines

#### Severe CRSwNP (add-on with ICS)<sup>1</sup>

Adults not responding to ICS

1. EMA. Omalizumab SPC, 2020. Available at: www.ema.europa.eu/en/documents/product-information/xolair-epar-product-information\_en.pdf (accessed 11 February 2021); 2. GINA report, 2020. Available at www.ginasthma.org/wp-content/uploads/2020/06/GINA-2020-report\_20\_06\_04-1-wms.pdf (accessed 11 February 2021).

GINA guidelines recommend anti-IgE therapy for patients with sensitization on skin prick test or specific IgE<sup>2</sup>





# **Complete vs partial eosinophil depletion**

### **Effects of biologics on eosinophil count**



1. Moran AM, et al. Am J Respir Crit Care Med. 2020;202:1314–6; 2. Jackson DJ, et al. Drug Saf. 2020;43:409–25; 3. Hanania NA, et al. J Allergy Clin Immunol. 2019;143:AB95; 4. Castro M, et al. N Engl J Med. 2018;378:2486–96.





# **Complete vs partial eosinophil depletion**

### Data from a substudy of the Oxford Airways Study<sup>1</sup>

### 45 p<0.001 40 35 30 Hours 25 20 15 10 5 0 Mepolizumab

#### Mean time to 50% reduction in blood eosinophil count

1. Moran AM, et al. Am J Respir Crit Care Med. 2020;202:1314–6; 2. Jackson DJ, et al. Drug Saf. 2020;43:409–25.

#### Geometric mean eosinophil count 30 days after treatment



Benralizumab

- Benralizumab causes rapid and near complete depletion of eosinophils compared with mepolizumab<sup>1</sup>
- Eosinophil depletion by benralizumab treatment does not increase risk of infections or malignancies<sup>2</sup>



# **Complete vs partial eosinophil depletion**

**Distinct eosinophil subgroups exert different functions** and may play different roles in inflammatory diseases



1. Simon HU, et al. Int Arch Allergy Immunol. 2020;181:11–23.





# **Eosinophilic therapy**

Biologics which target IL-5 signalling or other mechanisms driving type 2 inflammation (IL-4/IL-13, IgE) are effective treatments for patients with moderate-to-severe asthma

Biomarkers such as IgE levels, FeNO and eosinophil count guide the choice of biologic to use and can inform on the chances of positive treatment outcome

It is still debated whether complete eosinophil depletion may be a desirable treatment outcome





# **Pipeline therapies for** eosinophilic immunologic disease





# **Approved biologics in new disease settings: Mepolizumab**

### **Ongoing phase III trials**

#### Nasal polyps

• MERIT (NCT04607005)

#### COPD

- MATINEE (NCT04133909)
- COPD-HELP (NCT04075331)





# Approved biologics in new disease settings: Benralizumab

### Ongoing phase III trials



EGPA

MANDARA (NCT04157348)

EGPA, eosinophilic granulomatosis with polyangiitis, HES, hypereosinophilic syndrome. Clinical trials listed by their identifiers at: ClinicalTrials.gov (accessed 21 February 2021).





# Approved biologics in new disease settings: Dupilumab

### **Ongoing phase III trials**

ABPA

• LIBERTY ABPA (NCT04442269)

#### COPD

- BOREAS (NCT03930732)
- NOTUS (NCT04456673)

#### **Cold urticaria**

• LIBERTY-CINDU (NCT04681729)

#### CSU

• CUPID (NCT04180488)

#### **Bullous pemphigoid**

• LIBERTY-BP (NCT04206553)

ABPA, allergic bronchopulmonary aspergillosis; CSU, chronic spontaneous urticaria. Clinical trials listed by their identifiers at: ClinicalTrials.gov (accessed 21 February 2021).

#### Eosinophilic esophagitis

- EOE KIDS (NCT04394351)
- R668-EE-1774 (NCT03633617)

#### Neurodermatitis

- PRIME (NCT04183335)
- PRIME2 (NCT04202679)

#### Netherton syndrome

• NS-DUPI (NCT04244006)



# **Approved biologics in new disease settings: Omalizumab**

### Ongoing phase III trial

#### **Bullous pemphigoid**

• NCT04128176

Clinical trial listed by its identifier at: ClinicalTrials.gov (accessed 21 February 2021).







IgE, immunoglobulin E; IL, interleukin; ILC2, group 2 innate lymphoid cells; PGD2, prostaglandin D2; Th2, T helper 2; TSLP, thymic stromal lymphopoietin. 1. Pelaia C, et al. *Front Immunol.* 2020;11:603312; 2. Youngblood BA, et al. Cells. 2020;10:1–14.





### Anti-TSLP monoclonal antibody



IL-7Rα, interleukin-7 receptor alpha; TSLPR, thymic stromal lymphopoietin receptor. 1. Verstraete K, et al. *Nat Commun.* 2017;8:14937; 2. Pelaia C, et al. *Front Immunol.* 2020;11:603312.

#### TSLP signalling<sup>1,2</sup>

- Dendritic cell activation leading to Th2 cells differentiation
- Activation of ILC2 cells
- Production of IL-4, IL-5, and IL-13

### TSLP inhibition<sup>2</sup>

- Reduced type 2 inflammatory response
- Reduced IL-5 production



### PATHWAY study (NCT02054130, phase IIb): Study design



- 18–75 years old
- Asthma not controlled by LABA combined with ICS at least 6 months before enrolment Within 12 months before enrolment either:
- Two exacerbations requiring systemic glucocorticoid treatment
- One severe exacerbation requiring hospitalization

#### **Tezepelumab** (subcutaneous)

- 280 mg every 2 weeks (n=137)
- 210 mg every 4 weeks (n=137)
- 70 mg every 4 weeks (n=138)



ICS, intranasal corticosteroids; LABA, long-acting beta-agonists. Corren J, et al. N Engl J Med. 2017;377:936-46. Clinical trial listed by its identifier at: ClinicalTrials.gov (accessed 21 February 2021).



### **Primary endpoint:**

 Annualized rate of asthma exacerbations (events per patient-year) at week 52



### PATHWAY study (NCT02054130, phase IIb): Outcomes



rates of asthma exacerbations at week 52 compared with placebo



### **Ongoing phase III trials**

Acronym (NCT number)	Conditions	Status
NOZOMI (NCT04048343)	severe asthma	Active, not recruiting
DIRECTION (NCT03927157)	Asthma	Recruiting
DESTINATION (NCT03706079)	Asthma	Active, not recruiting

Clinical trials listed by their identifiers at: ClinicalTrials.gov (accessed 21 February 2021).





### Anti-IgE monoclonal antibody



FcεRI, fragment crystallizable region epsilon receptor I. Pelaia C, et al. *Front Immunol.* 2020;11:603312.

IgE-mediated allergic inflammatory response

#### Inhibition of IgE signalling

- Reduced release of proinflammatory mediators
- Reduced inflammatory response •





### NCT02477332 (phase IIb): Study design



- 18–75 years old
- Chronic spontaneous urticaria
- Inadequately controlled with:
- H<sub>1</sub>-antihistamines alone
- H<sub>1</sub>- plus H<sub>2</sub>-antihistamines
- H<sub>1</sub>-antihistamines plus leukotriene receptor antagonists



**Primary endpoint:** 

 Dose-response relationship with the achievement of complete hives response (weekly hives-severity score of 0) at week 12

		Ligelizumab	<ul> <li>240 mg every 4 weeks (n=85)</li> <li>72 mg every 4 weeks (n=84)</li> <li>24 mg every 4 weeks (n=43)</li> </ul>
	<b>→</b>	Omalizumab	• 300 mg every 4 weeks (n=85)
Э	<b>→</b>	Ligelizumab	<ul> <li>120 mg single dose (n=42)</li> </ul>
	4		Placebo (n=43)



### NCT02477332 (phase IIb): Outcomes



A higher percentage of patients had complete control of symptoms with ligelizumab therapy of 72 mg or 240 mg than with omalizumab

CI, confidence interval; OR, odds ratio. Maurer M, et al. *N Engl J Med.* 2019;381:1321–32. Clinical trial listed by its identifier at: ClinicalTrials.gov (accessed 21 February 2021).



### **Ongoing phase III trials**

<b>NCT number</b>	Conditions	Status
NCT03907878	Chronic spontaneous urticaria	Recruiting
NCT04210843	Chronic spontaneous urticaria	Recruiting
NCT03580369	Chronic spontaneous urticaria	Recruiting
NCT03580356	Chronic spontaneous urticaria	Recruiting

Clinical trials listed by their identifiers at: ClinicalTrials.gov (accessed 21 February 2021).





# **Emerging biologics for eosinophilic diseases: REGN3500**

### Anti-IL-33 monoclonal antibody



#### IL-33 signalling<sup>1,2</sup>

- Activation of ILC2 cells
- Induction of IL-13 release

#### IL-33 inhibition<sup>2</sup>

Reduced ILC2 activation
Reduced IL-13 production
Inhibition of type 2 immune and inflammatory response



# **Emerging biologics for eosinophilic diseases: REGN3500**

### Top line results of early clinical trial

### NCT03387852 (proof of concept, phase II)

- REGN3500 monotherapy improved asthma control compared with placebo REGN3500 monotherapy significantly improved lung function compared with placebo The greatest improvement was observed in patients with blood eosinophil levels ≥300 cells/µL

- Dupilumab monotherapy showed better outcomes than REGN3500 monotherapy across all endpoints
- REGN3500 plus dupilumab combination did not demonstrate increased benefit compared to dupilumab monotherapy





Sanofi, Press release, 21 June 2019. Available at: www.sanofi.com/-/media/Project/One-Sanofi-Web/Websites/Global/Sanofi-COM/Home/media-room/press-releases/2019/2019-06-21-07-00-00-1872229-en.pdf (accessed 21 February 2021). Clinical trial listed by its identifier at: ClinicalTrials.gov (accessed 21 February 2021).



### Anti-SIGLEC8 monoclonal antibody



ADCC, antibody-dependent cell-mediated cytotoxicity; CD, cluster of differentiation; FcyRIIIa, fragment crystallizable region gamma receptor IIIa; NK, natural killer; SIGLEC8, sialic acid binding Ig like lectin 8. Youngblood BA, et al. Cells. 2020;10:1-14.





### ENIGMA (NCT03496571 phase II): Study design



• N=63

- Adult patients
- Symptomatic eosinophilic gastritis, eosinophilic duodenitis or both



**Primary endpoint:** 

 Change in gastrointestinal eosinophil count from baseline to 2 weeks after the final dose

Dellon ES, et al. *N Engl J Med.* 2020;384:1624–34. Clinical trial listed by its identifier at: ClinicalTrials.gov (accessed 21 February 2021).

	Lirentelimab (high dose)	<ul> <li>Four monthly doses:</li> <li>First dose: 0.3 mg/kg</li> <li>Second dose: 1 mg/kg</li> <li>Third and fourth dose: 3 mg/kg</li> </ul>
1:1	Lirentelimab (low dose)	<ul> <li>Four monthly doses:</li> <li>First dose: 0.3 mg/kg</li> <li>Second, third and fourth doses: 1 mg/kg</li> </ul>
	Placebo	



### ENIGMA (NCT03496571 phase II): Outcomes



Dellon ES, et al. *N Engl J Med.* 2020;384:1624–34. Clinical trial listed by its identifier at: ClinicalTrials.gov (accessed 21 February 2021).



### **Ongoing phase III trials**

Acronym (NCT number)	Conditions	Status
AK002-016X (NCT04620811)	Eosinophilic gastritis/duodenitis	Enrolling by invitation
ENIGMA 2 (NCT04322604)	Eosinophilic gastritis/duodenitis	Recruiting

Clinical trials listed by their identifiers at: ClinicalTrials.gov (accessed 21 February 2021).





# **Emerging therapies for eosinophilic immunologic disease**

The panel of approved indications for agents targeting IL-5/IL5R, IL-4R $\alpha$  and IgE is likely to expand with several phase III clinical trials in a wide range of eosinophilic inflammatory diseases

Novel biologics are under development targeting key molecules in type 2 inflammatory pathways including TSLP, IL-33 and SIGLEC8

It is important to be aware of the evolving landscape of treatment options for type 2 asthma and other eosinophilic inflammatory diseases, with emerging biologics in advanced clinical development



