

# Growing up with atopic dermatitis: Achieving sustained outcomes for moderate-to-severe disease



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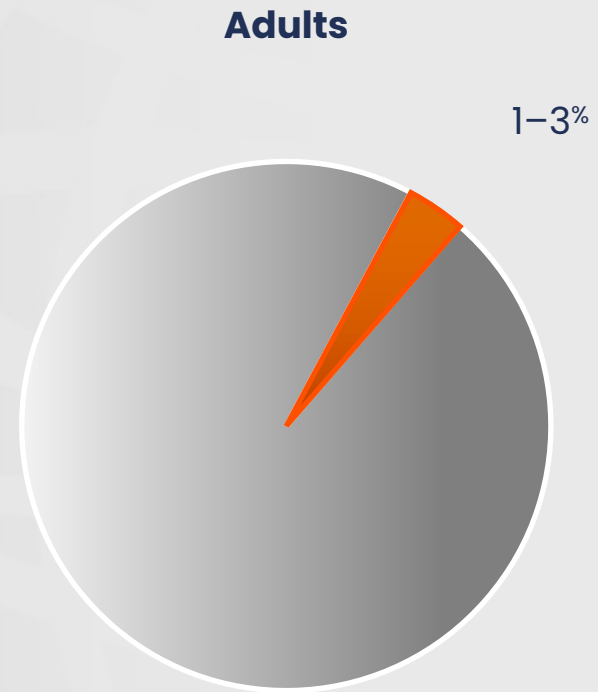
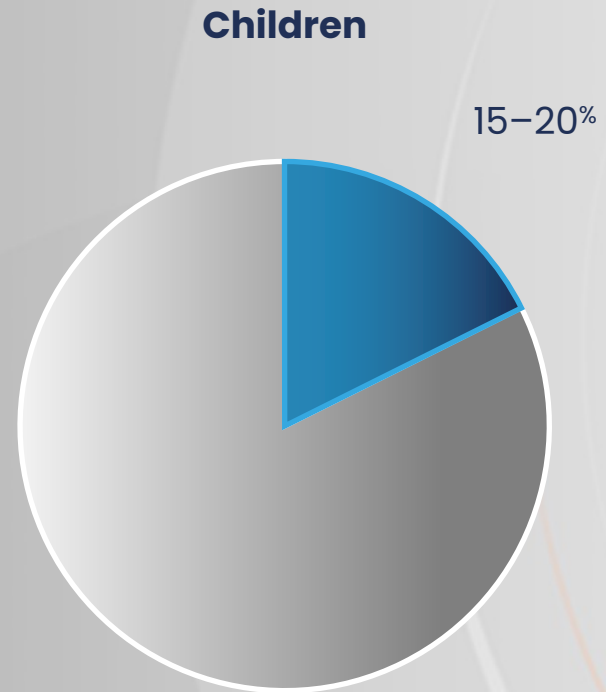
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**Why is an accurate assessment of the burden of moderate-to-severe atopic dermatitis critical?**

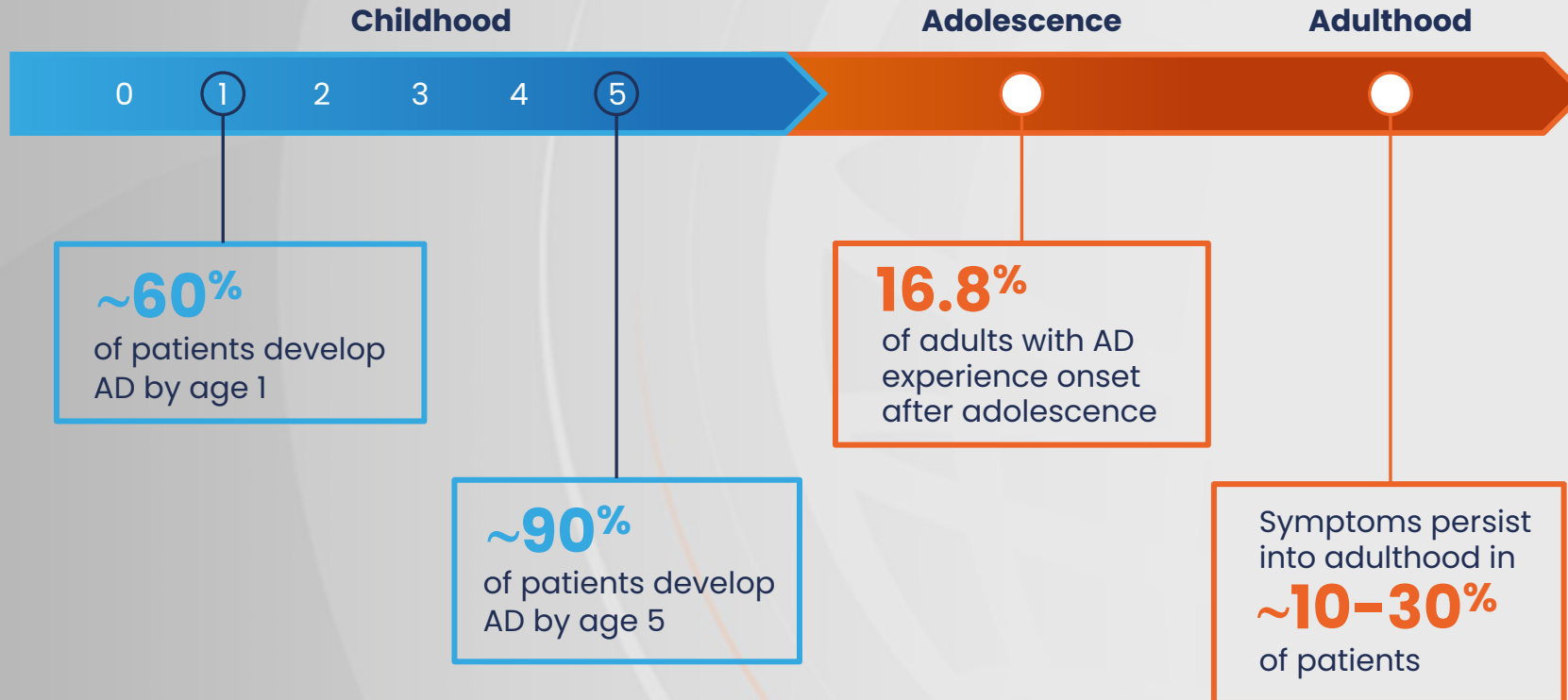
# Atopic dermatitis

## Worldwide incidence



# Atopic dermatitis

## Onset and persistence of symptoms



# The patient journey

## Essential clinical features<sup>1</sup>



Adults

- Pruritus
- Erythematous skin lesions and vesicles
  - History of flexural involvement
  - Not in groin and axillae regions



Infants and children

- Pruritus
- Erythematous skin lesions and vesicles
  - Face, neck, extensor involvement
  - History of flexural involvement
  - Not in groin and axillae region

Initial symptoms and diagnosis

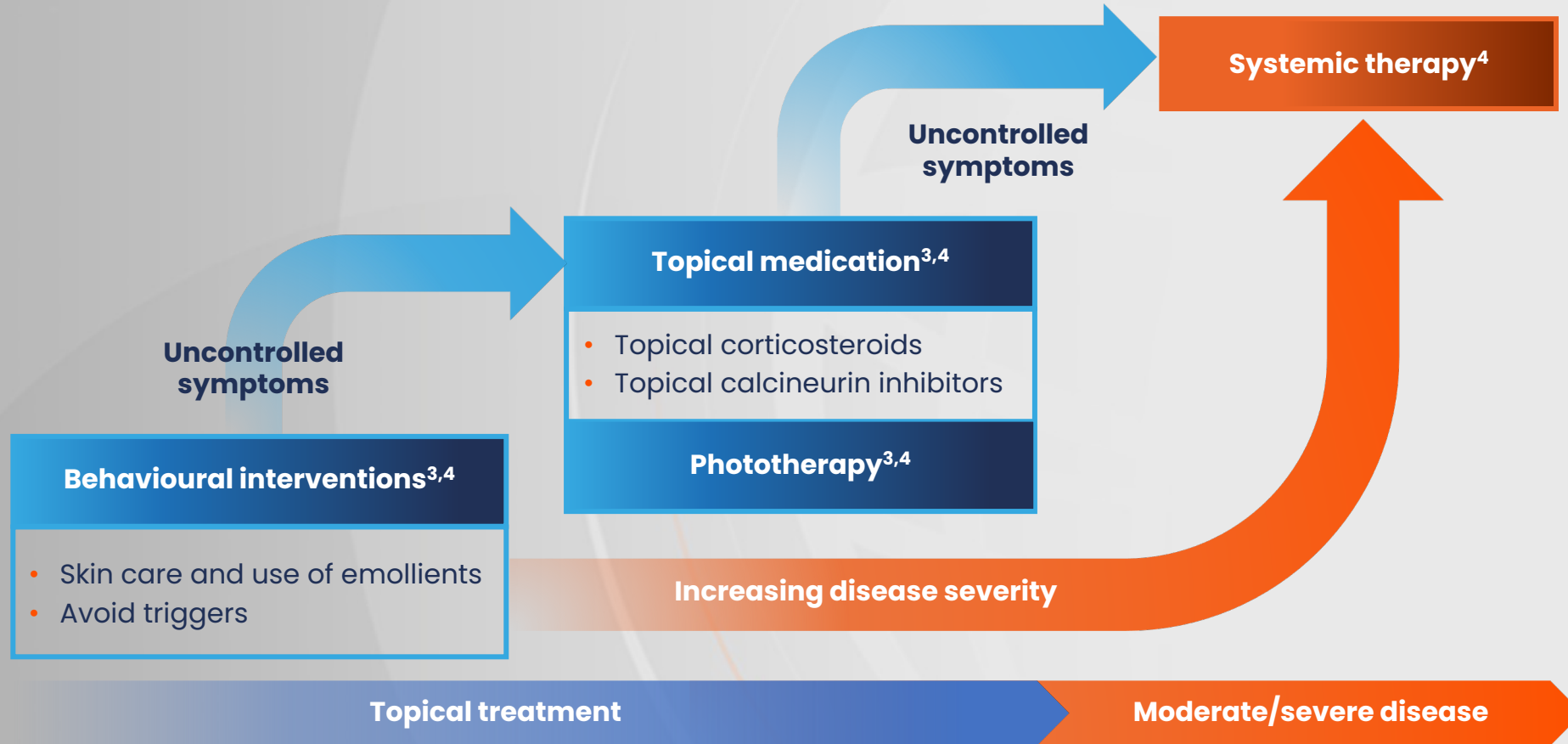
## Chronic relapsing inflammatory conditions<sup>2</sup>

Three different clinical phases:

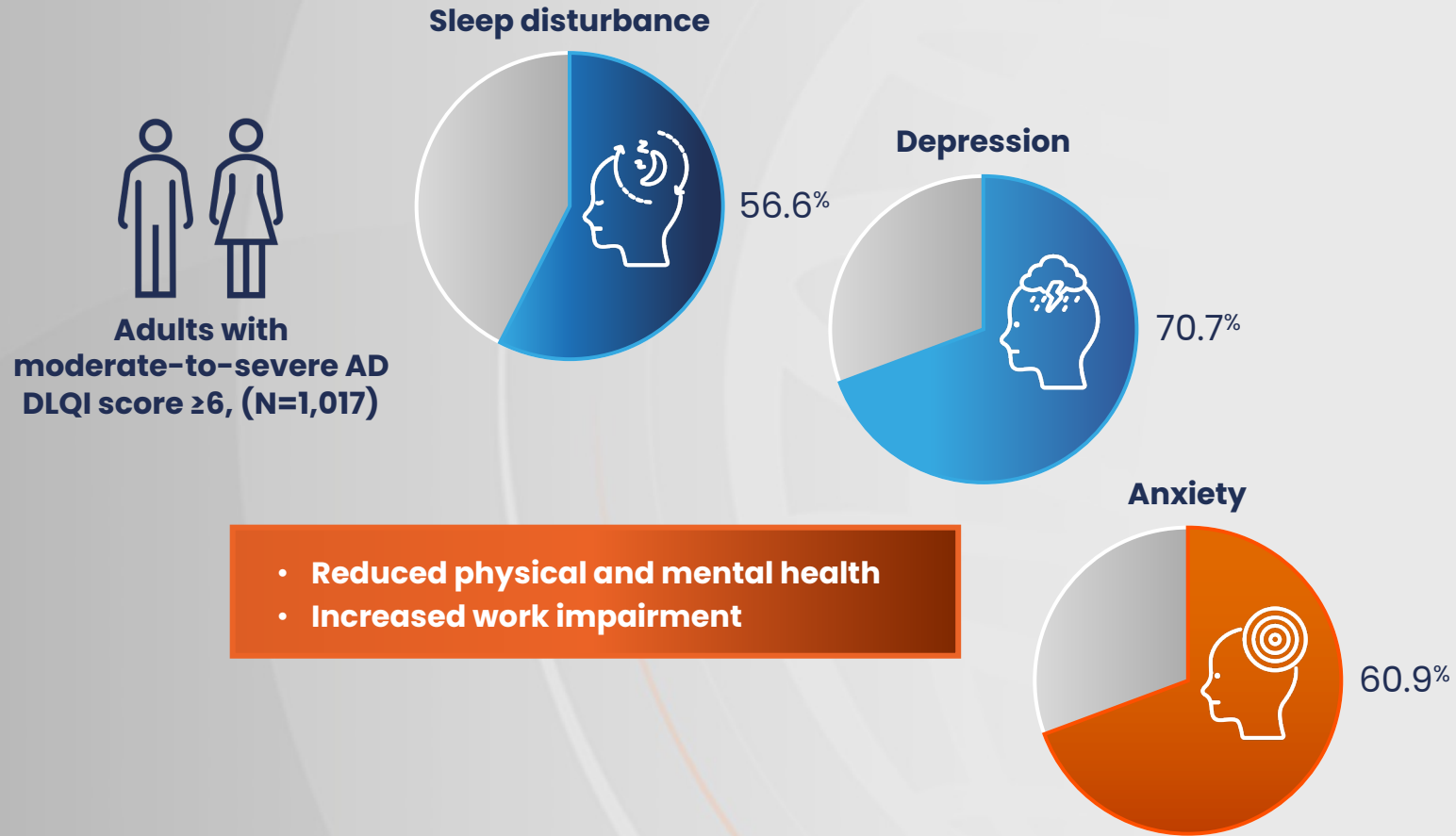
- Acute (vesicular, weeping, crusting eruption)
- Subacute (dry, scaly, erythematous papules and plaques)
- Chronic (lichenification, thickening)

Clinical presentation

# The patient journey



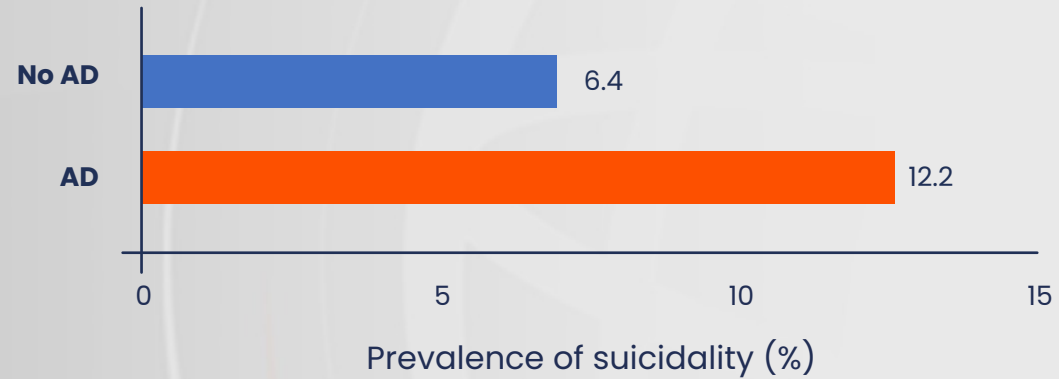
# The burden of recurrent AD symptoms





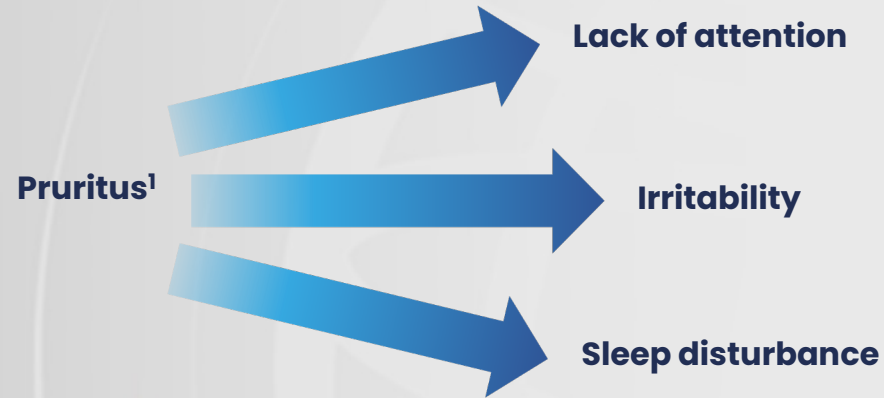
# The burden of recurrent AD symptoms

Suicidality: Meta-analysis of 14 studies

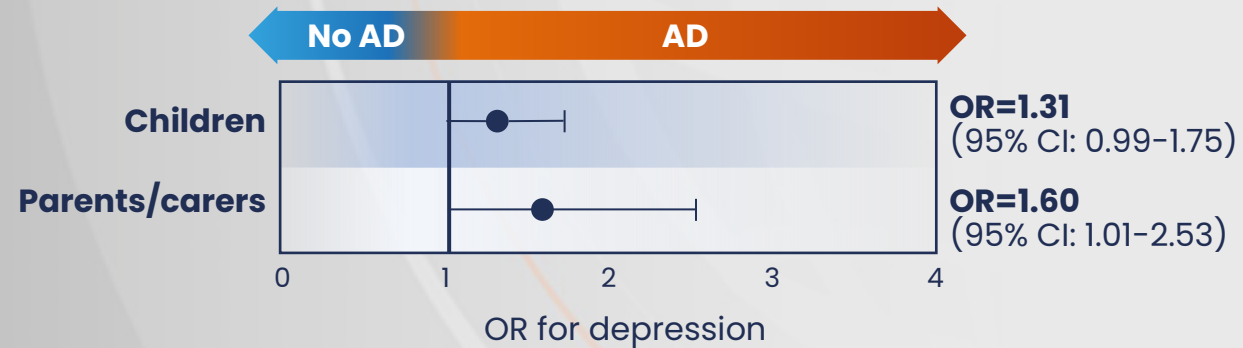


# The burden of recurrent AD symptoms

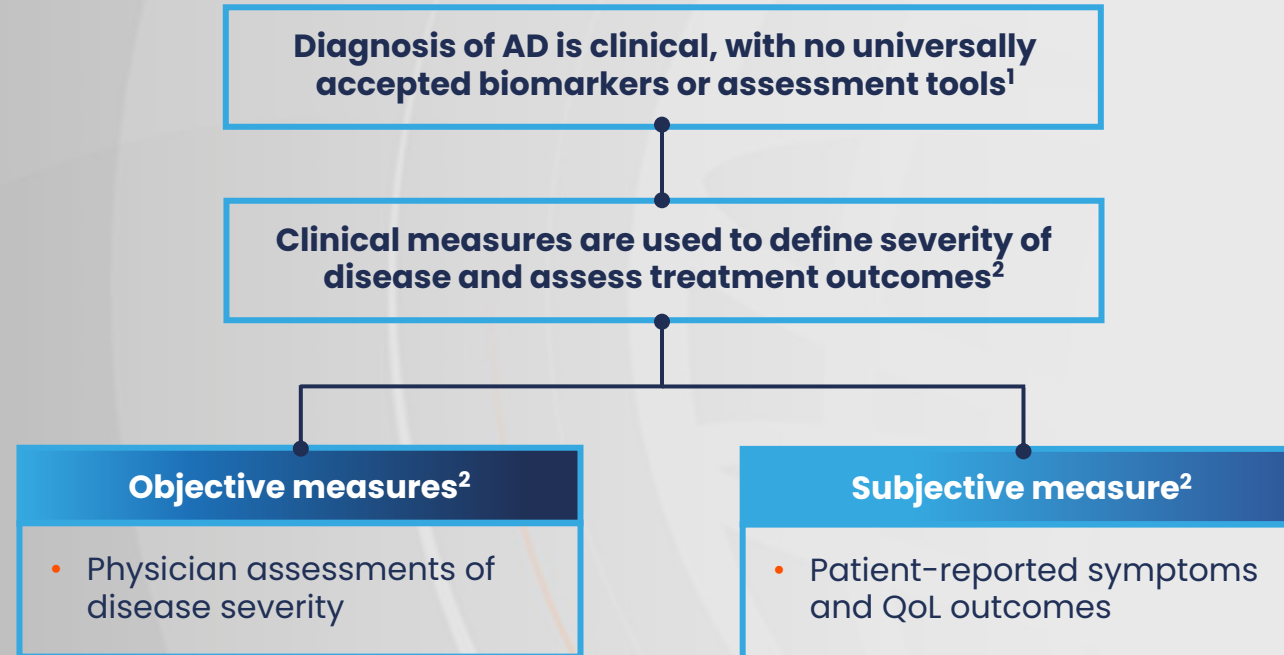
## Impact on children and their families



### Increased OR for depression in children with AD and their parents<sup>2</sup>

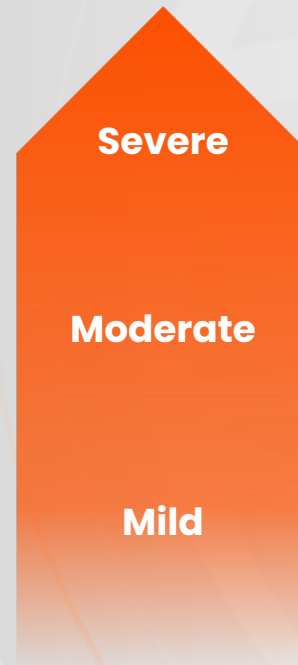


# Assessing the severity of AD and its impact on patient QoL



# Assessing the severity of AD and its impact on patient QoL

Disease severity groups are used for clinical trials and practical management



There is no gold standard for defining disease severity groups

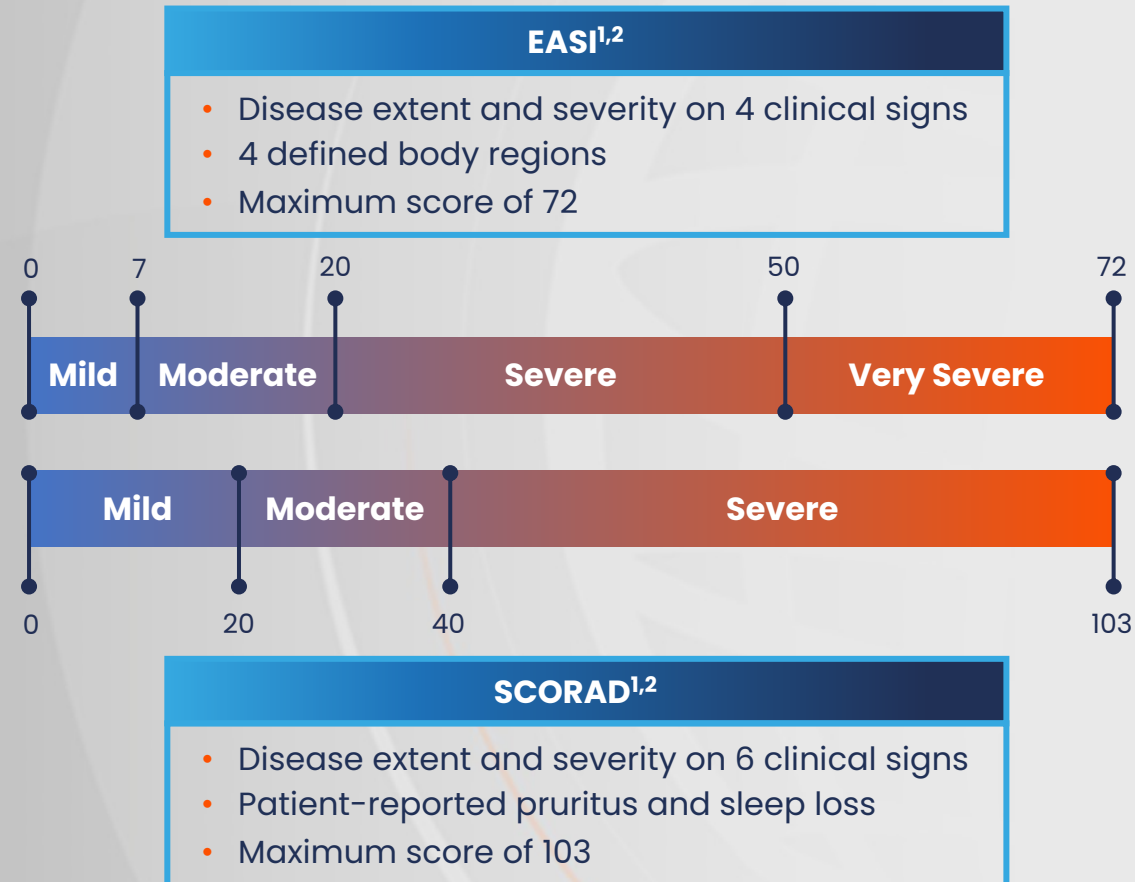
# Assessing the severity of AD and its impact on patient QoL

## Objective measures

Tool	Description
<b>EASI</b>	<ul style="list-style-type: none"><li>• Disease extent and severity on 4 clinical signs</li><li>• 4 defined body regions</li><li>• Maximum score of 72</li></ul>
<b>SCORAD</b>	<ul style="list-style-type: none"><li>• Disease extent and severity on 6 clinical signs</li><li>• Patient-reported pruritus and sleep loss</li><li>• Maximum score of 103</li></ul>
<b>PGA</b>	<ul style="list-style-type: none"><li>• Overall disease severity at a given time point</li><li>• 6-point severity scale</li></ul>
<b>BSA</b>	<ul style="list-style-type: none"><li>• Disease extent as a percentage of total body surface area</li></ul>
<b>ADSI</b>	<ul style="list-style-type: none"><li>• Erythema, excoriation, exudation, lichenification and pruritus</li><li>• Each on a 4-point scale</li></ul>
<b>SASSAD</b>	<ul style="list-style-type: none"><li>• 6 clinical signs</li><li>• 6 sites on the body</li></ul>

**EASI and SCORAD are the only outcome measures that have been validated for use in both clinical trials and in a clinic setting**

# Assessing the severity of AD and its impact on patient QoL



# Assessing the severity of AD and its impact on patient QoL

## Subjective, patient-reported measures

### Severity of symptoms

Tool	Description
POEM <sup>1</sup>	<ul style="list-style-type: none"><li>Severity and duration of 7 symptoms experienced over the preceding week</li></ul>
Pruritus NRS <sup>1</sup>	<ul style="list-style-type: none"><li>0-10 scale of patient-reported itch</li></ul>
Skin pain NRS <sup>2</sup>	<ul style="list-style-type: none"><li>0-10 scale of patient-reported itch</li></ul>

### Quality of life

Tool	Description
DLQI <sup>1</sup>	<ul style="list-style-type: none"><li>10-item questionnaire assessing impact on daily activities, sleep and overall QoL</li></ul>

**POEM, DLQI and pruritus NRS are often used in AD clinical trials**

# Assessing the severity of AD and its impact on patient QoL

## QoL of paediatric patients and their parents/carers

### General dermatology tools

- Dermatology life quality index (DLQI)
- Children's dermatology life quality index (CDLQI)
- Family dermatology life quality index (FLQI)
- Infant's dermatitis QoL index (IDQoL)
- Skindex-teen
- Toddler QoL survey

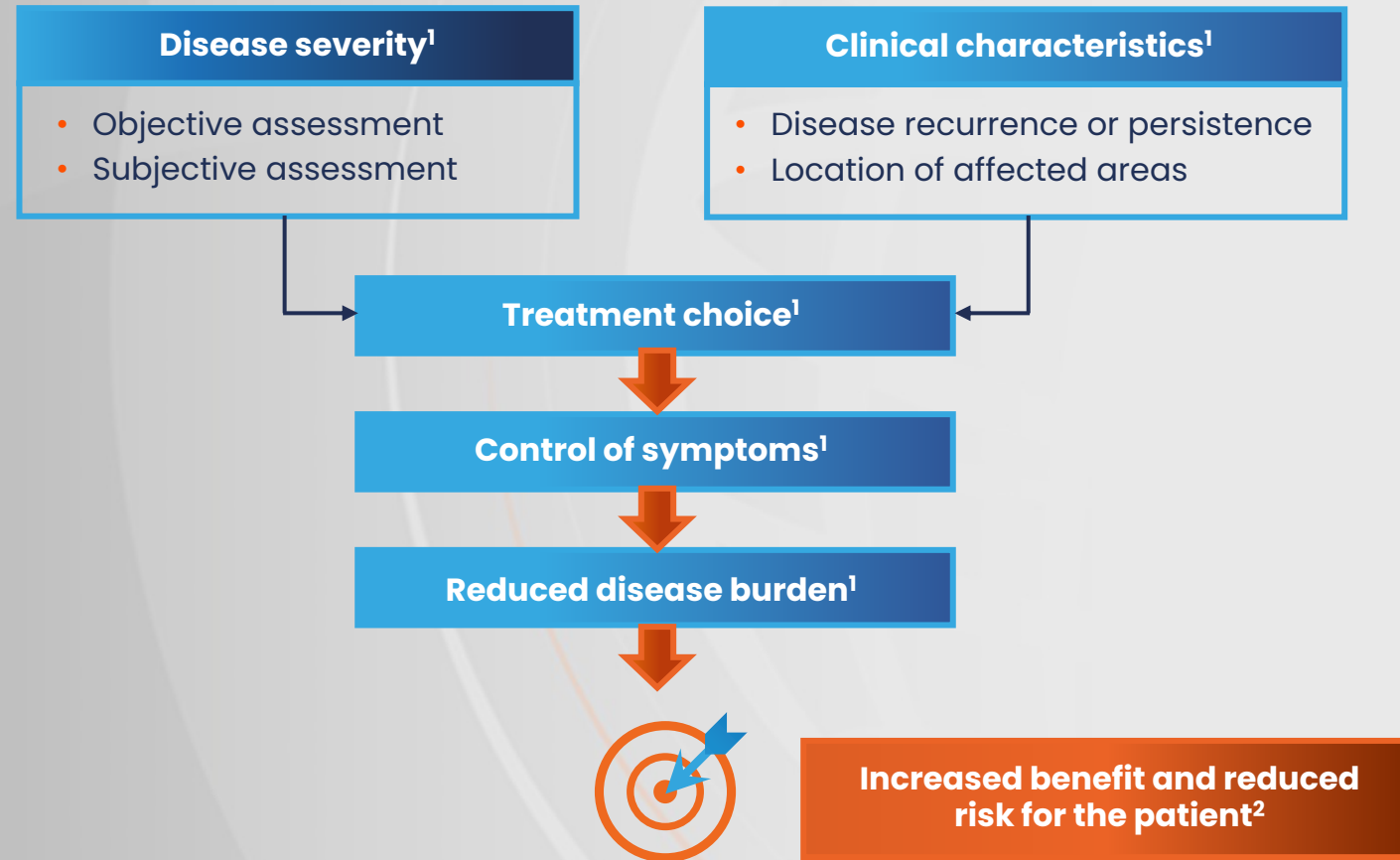
### AD-specific tools

- Dermatitis family index (DFI)
- Childhood AD impact scale (CADIS)
- Childhood impact of AD (CIAD)
- DISABKIDS AD Module
- Parents' index of QoL in AD (PIQoL-AD)
- QoL in primary caregivers of children with AD (QPCAD)
- QoL in parents of children with AD



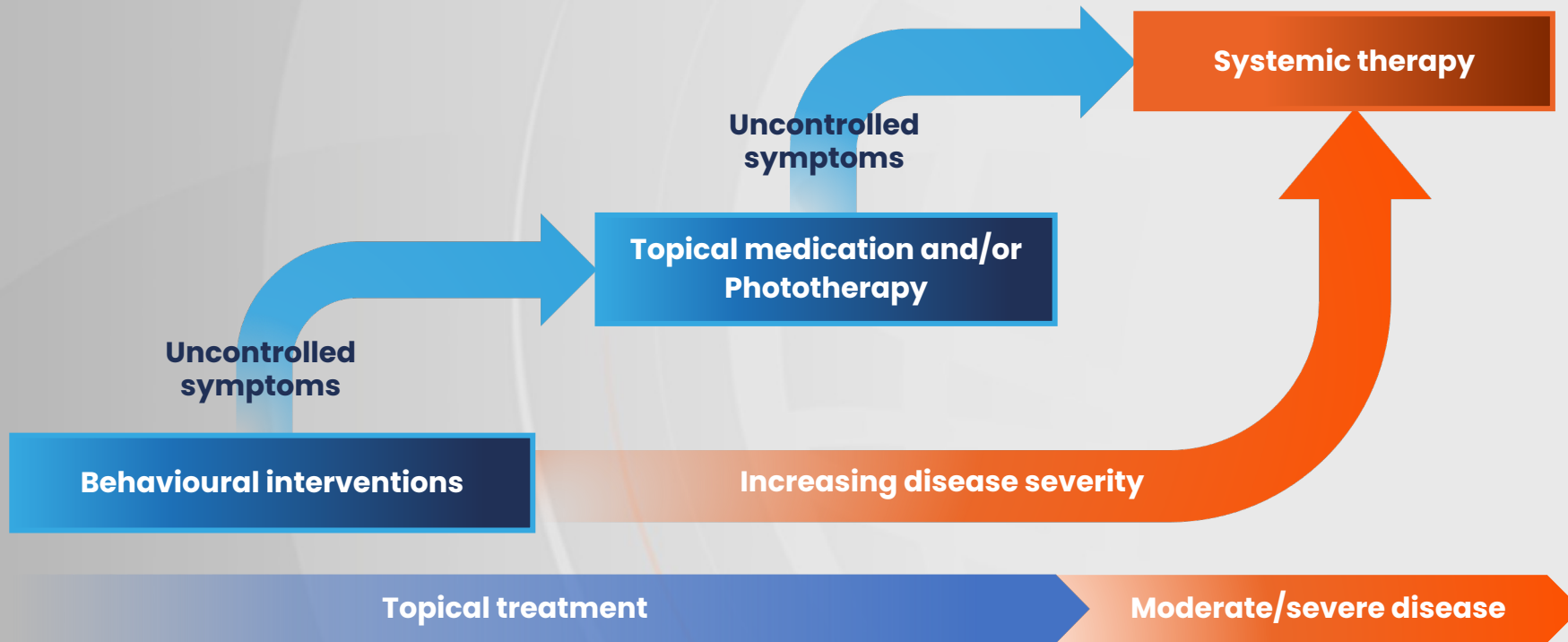
# Summary and conclusions

## Why is it important to assess disease severity?

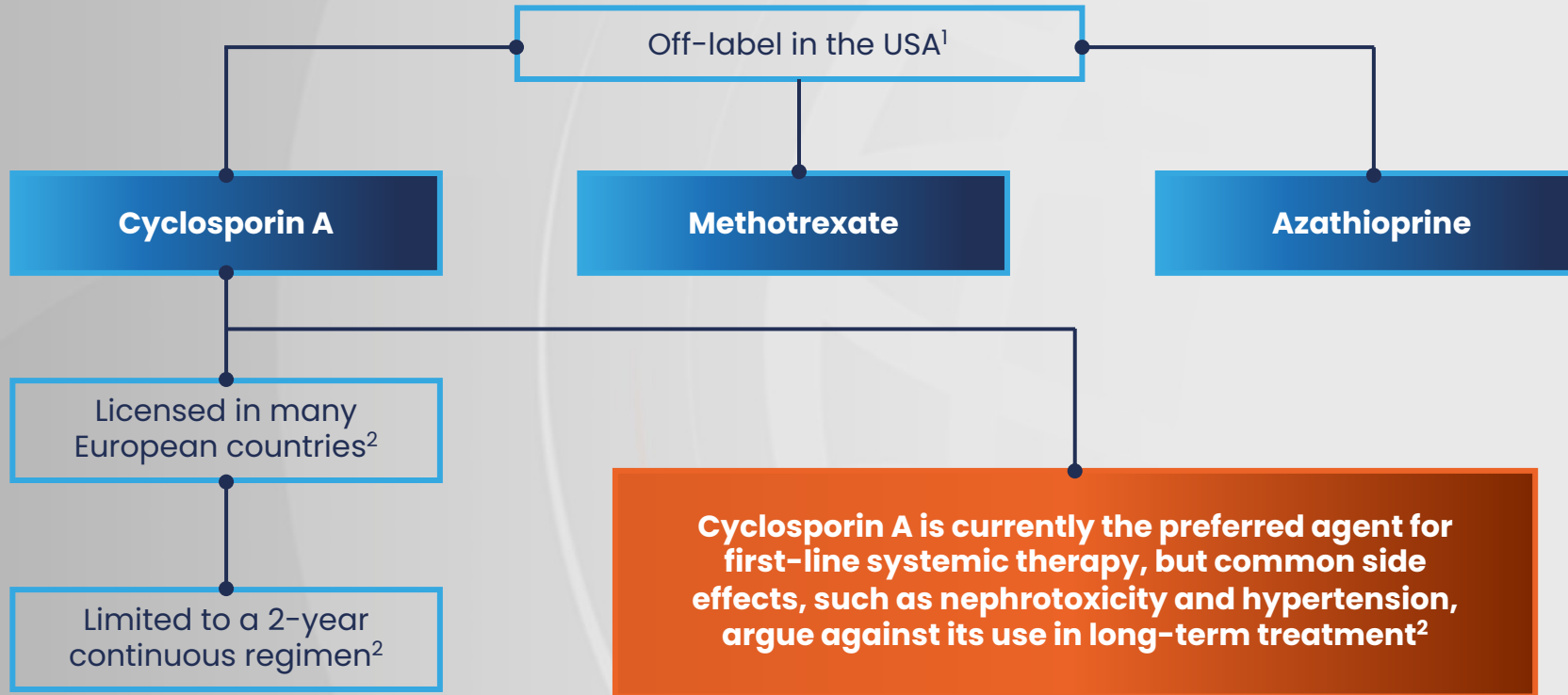


**Can systemic therapy achieve sustained control of signs, symptoms and quality of life in atopic dermatitis?**

# Systemic therapy in the current treatment pathway for AD



# Conventional systemic therapy for AD



1. Davari DR, et al. *J Asthma Allergy*. 2021;14:595–607; 2. Wollenberg A, et al. *J Eur Acad Dermatology Venereol*. 2018;32:850–78.

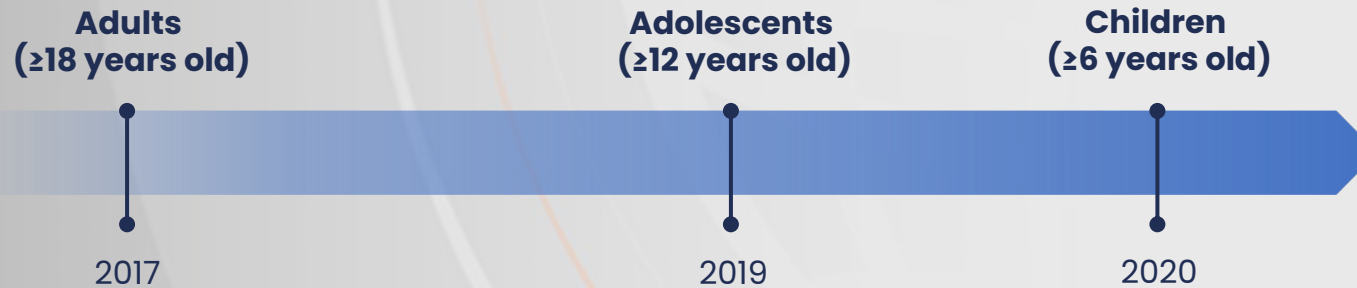
# Approved systemic therapy for AD

## Biologics

### Dupilumab<sup>1</sup>

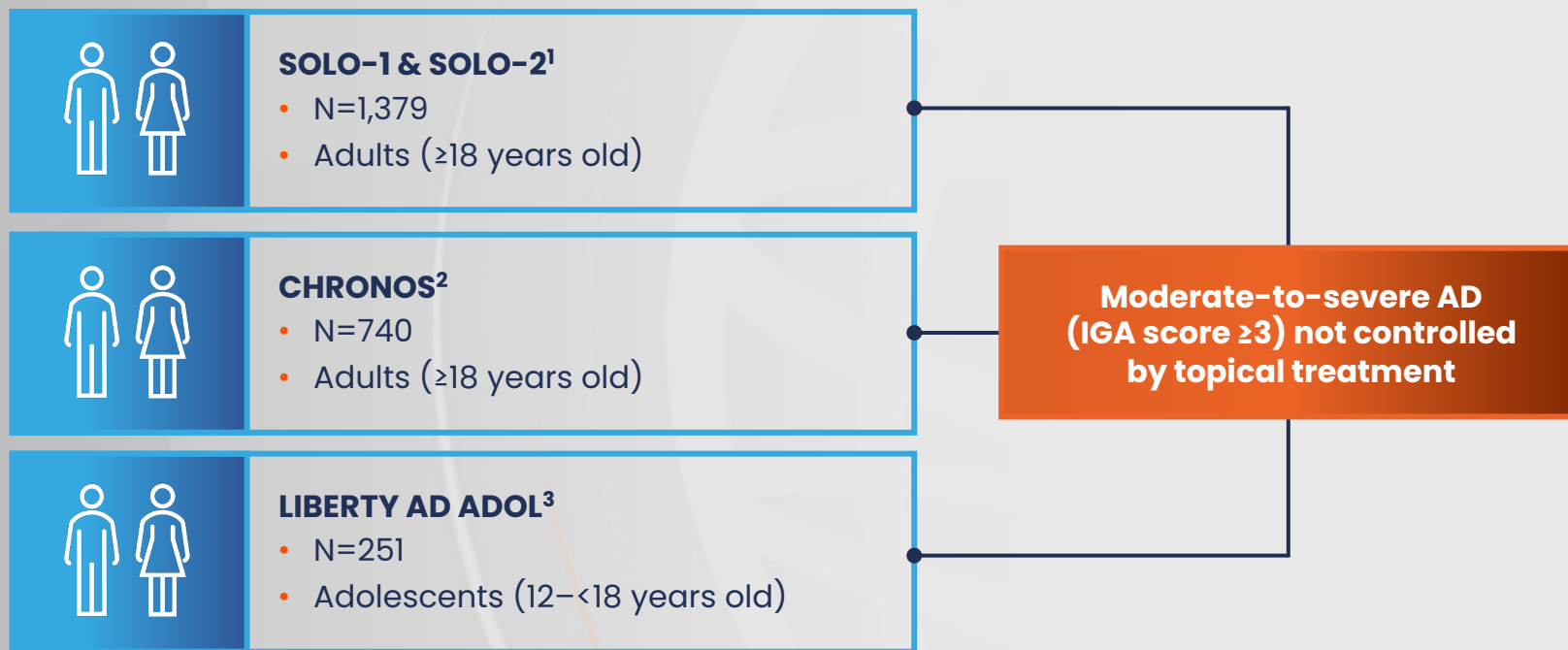
- mAb against IL-4R $\alpha$
- Inhibits IL-4 and IL-13 signalling

FDA approval history for use of dupilumab for moderate-to-severe AD not controlled with topical treatment<sup>2</sup>



# Phase III trials of dupilumab in adults and adolescents

## Study design: Patient populations



IGA, Investigator's Global Assessment.

1. Simpson EL, et al. *N Engl J Med*. 2016;375:2335–48; 2. Blauvelt A, et al. *Lancet*. 2017; 389:2287–303; 3. Simpson ET, et al. *JAMA Dermatol*. 2020;156:44–56;

4. Paller AS, et al. *J Am Acad Dermatol*. 2020;83:1282–93.

# Phase III trials of dupilumab in adults and adolescents

## Study design: Treatment



### SOLO-1 & SOLO-2<sup>1</sup>

- Dupilumab 300 mg QW or Q2W
- No topical medication



### CHRONOS<sup>2</sup>

- Dupilumab 300 mg QW or Q2W
- Topical medication given to all groups



### LIBERTY AD ADOL<sup>3</sup>

- Dupilumab 200 mg or 300 mg Q2W (weight-tiered), or 300 mg Q4W
- Topical treatment only as a rescue

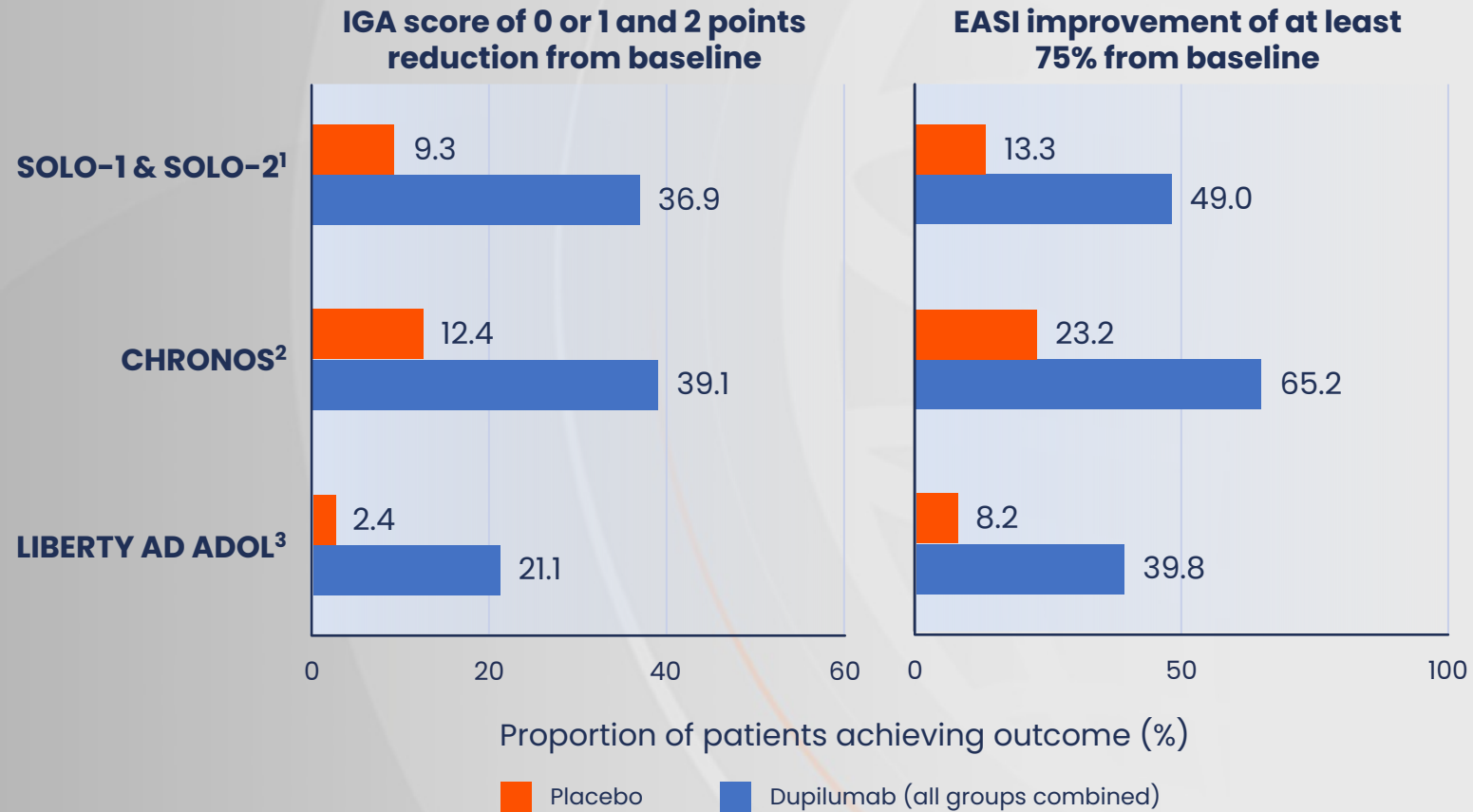


### Primary endpoints:<sup>1-3</sup>

- IGA score of 0 or 1 and  $\geq 2$  points reduction from baseline at week 16
- EASI-75 at week 16

# Phase III trials of dupilumab in adults and adolescents

Efficacy: Week 16

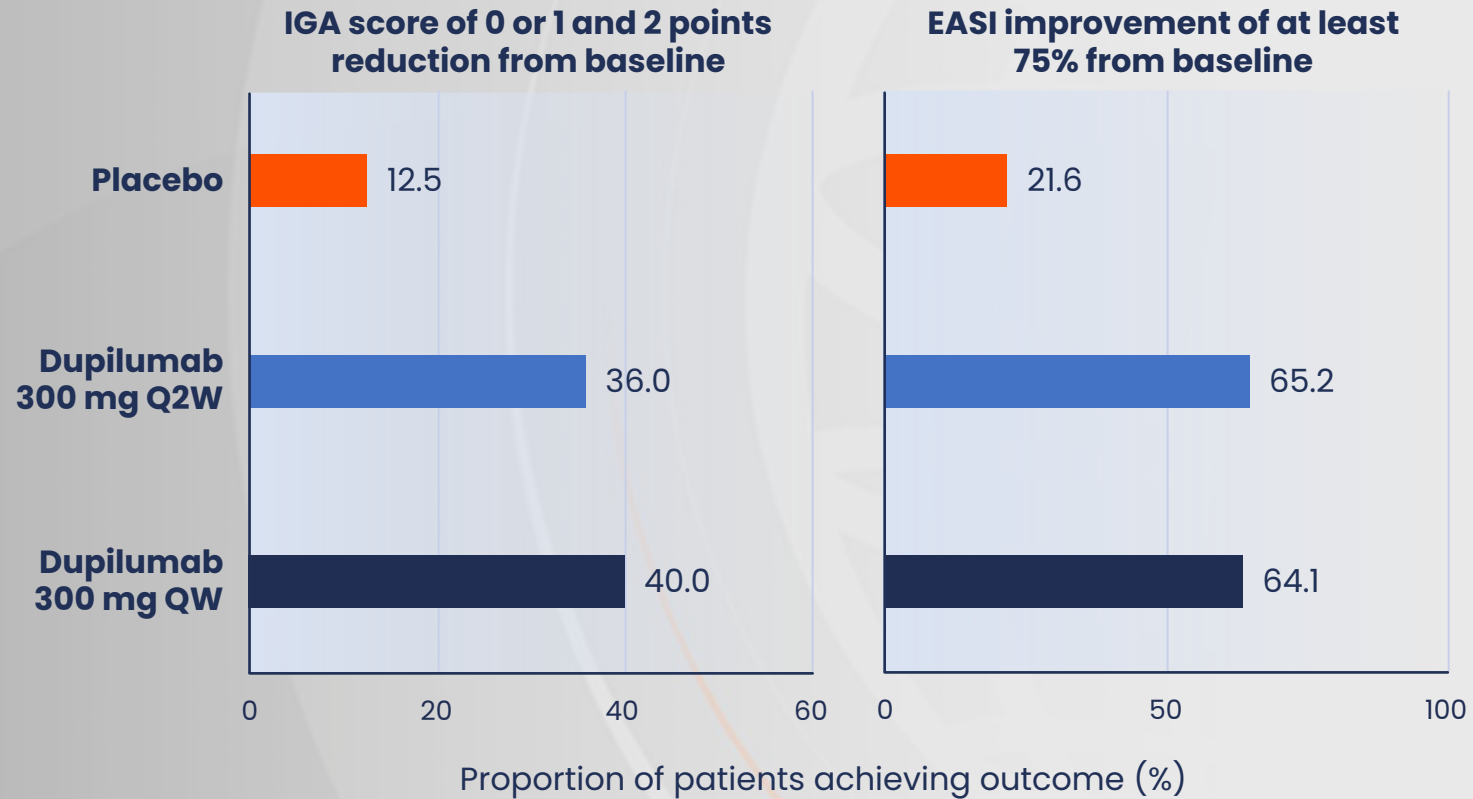


1. Simpson EL, et al. *N Engl J Med.* 2016;375:2335–48; 2. Blauvelt A, et al. *Lancet.* 2017; 389:2287–303; 3. Simpson ET, et al. *JAMA Dermatol.* 2020;156:44–56.



# Long-term efficacy of dupilumab: CHRONOS

Efficacy: Week 52



# Long-term efficacy of dupilumab: SOLO CONTINUE

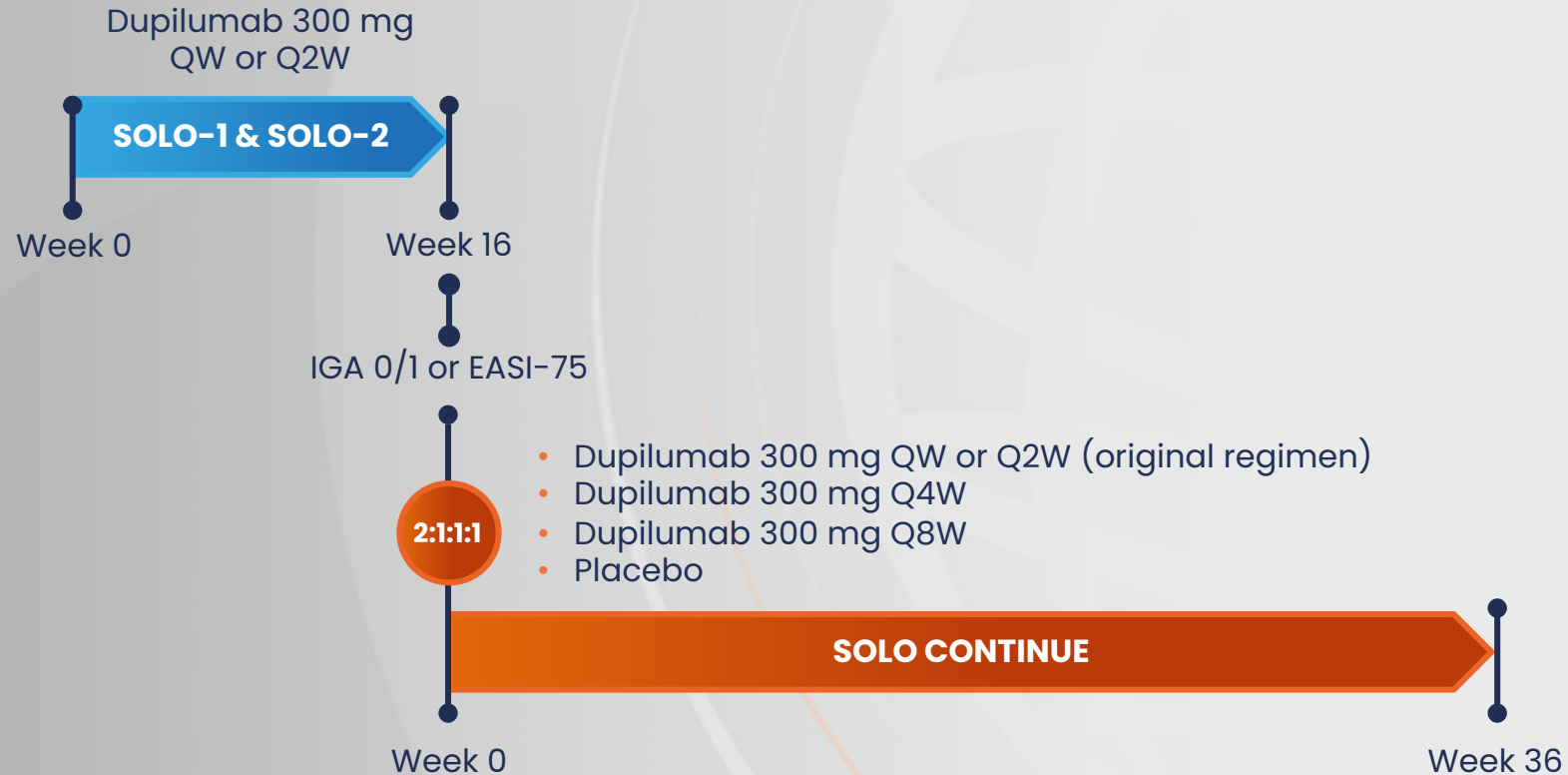
## Study design



- Patients with moderate-to-severe AD
- Treated with dupilumab
- Achieved IGA score of 0 or 1, or at least 75% EASI score improvement at week 16 in SOLO-1 and SOLO-2
- N=422

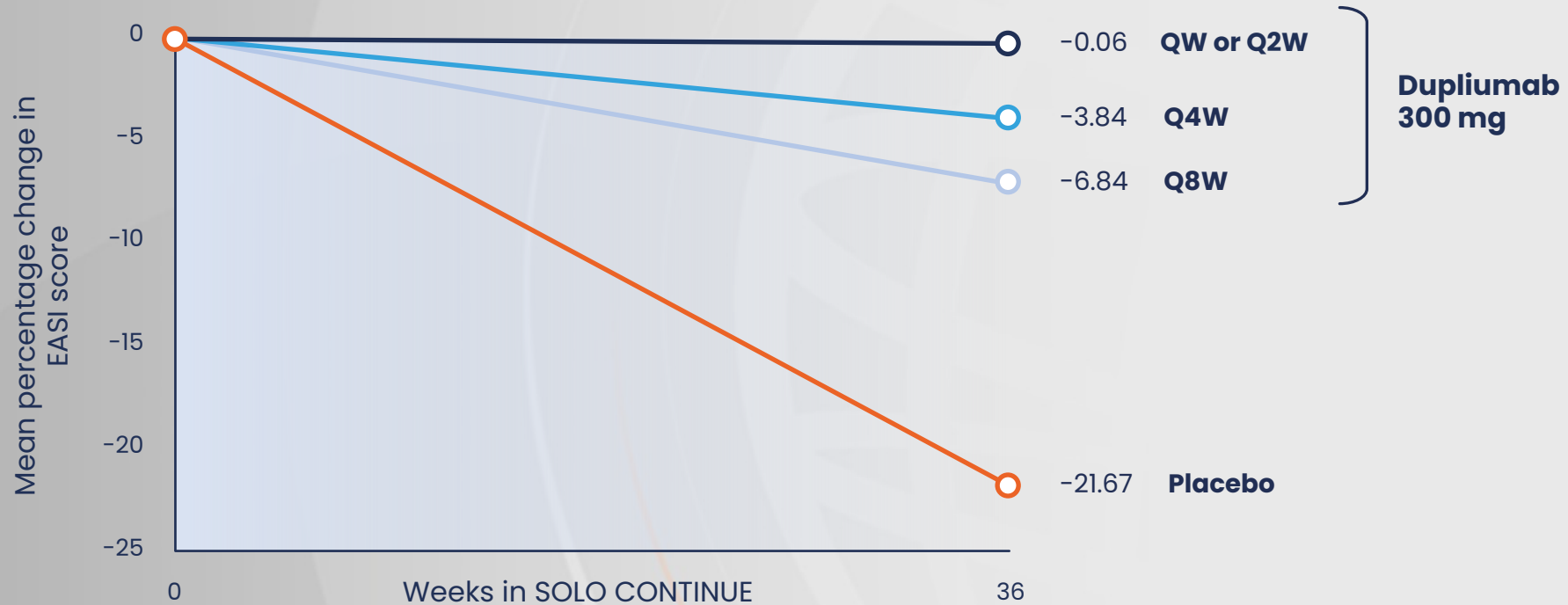
# Long-term efficacy of dupilumab: SOLO CONTINUE

## Study design



# Long-term efficacy of dupilumab: SOLO CONTINUE

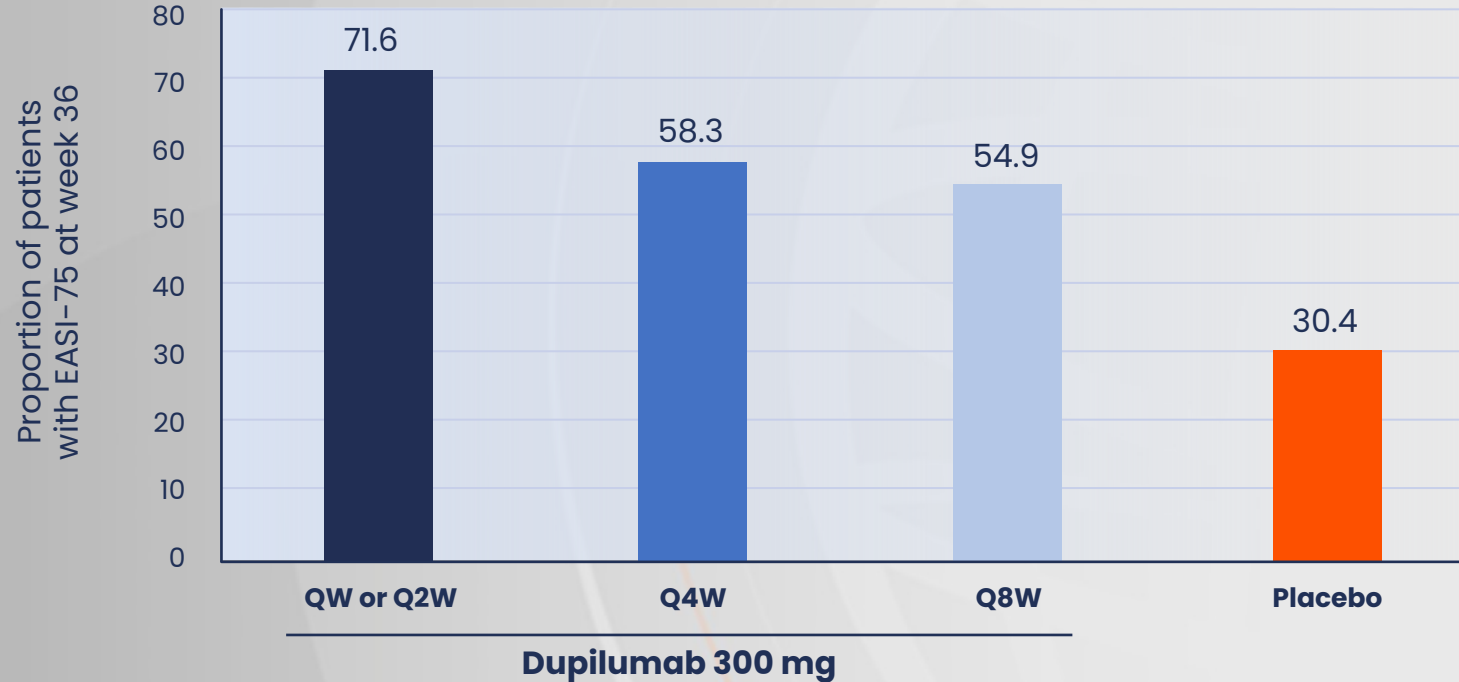
Efficacy: Week 36 - Mean change in EASI score



Continued response over time was most consistently maintained with dupilumab administered weekly or every 2 weeks

# Long-term efficacy of dupilumab: SOLO CONTINUE

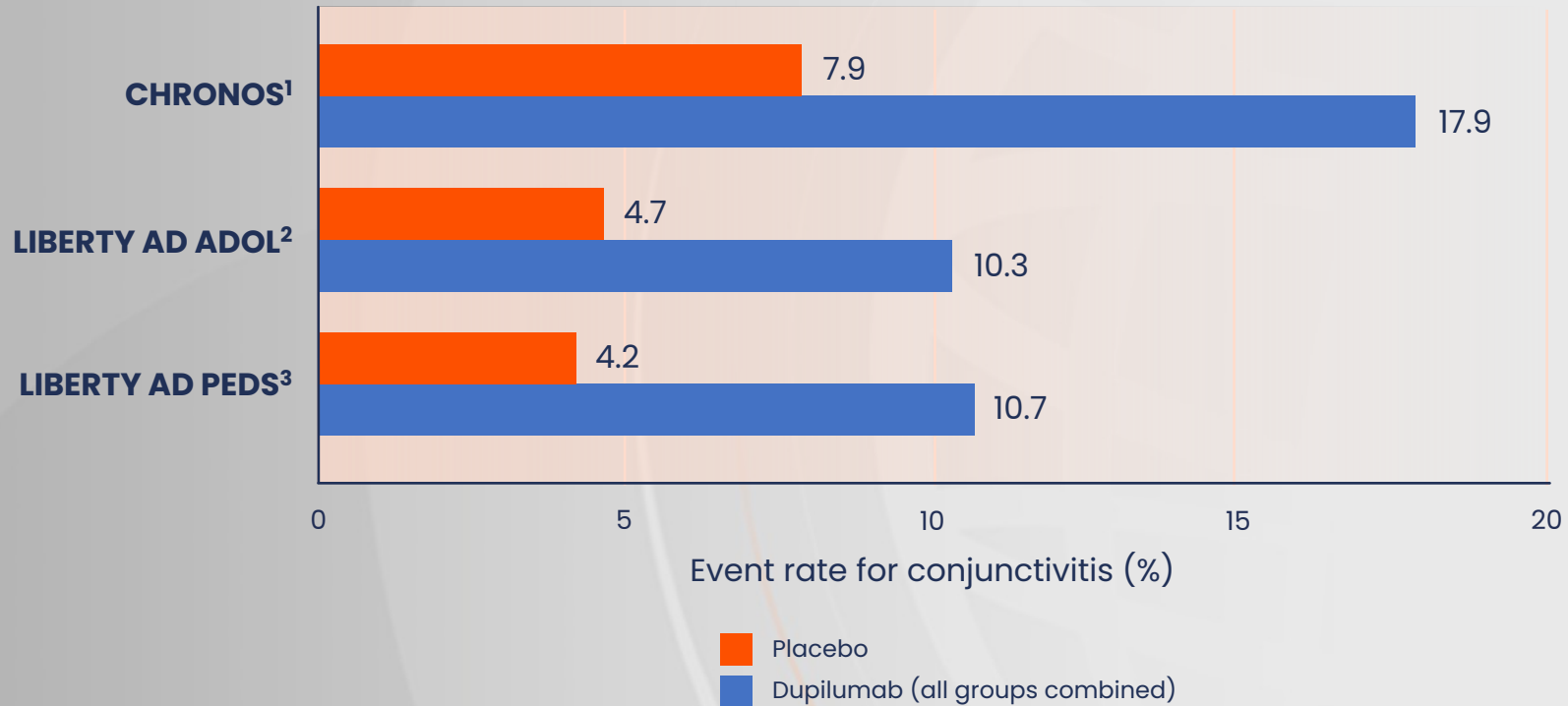
Efficacy: Week 36 – Proportion of patients with EASI-75



Switching to longer dosage intervals or placebo resulted in reduced response to treatment

# Dupilumab safety profile

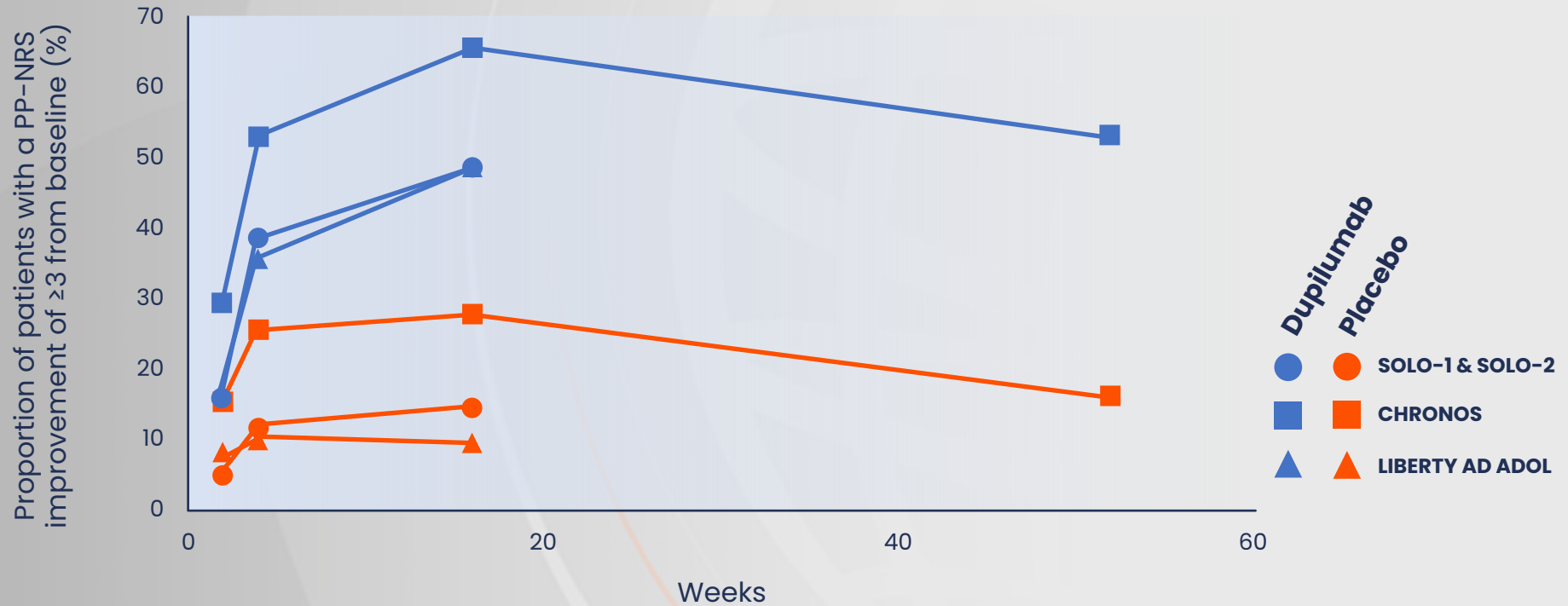
## Incidence of conjunctivitis



A higher incidence of conjunctivitis was observed in patients receiving dupilumab across all age groups in different trials

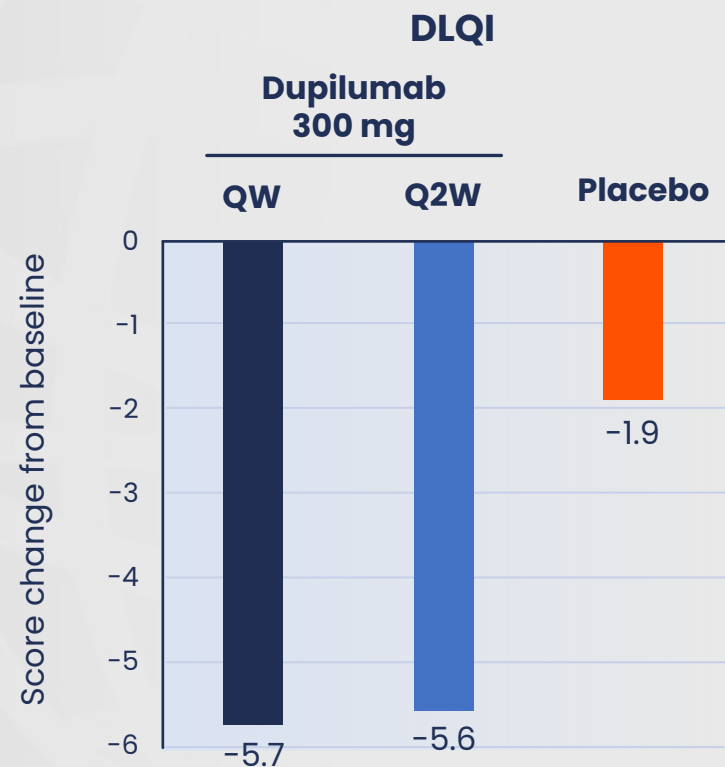
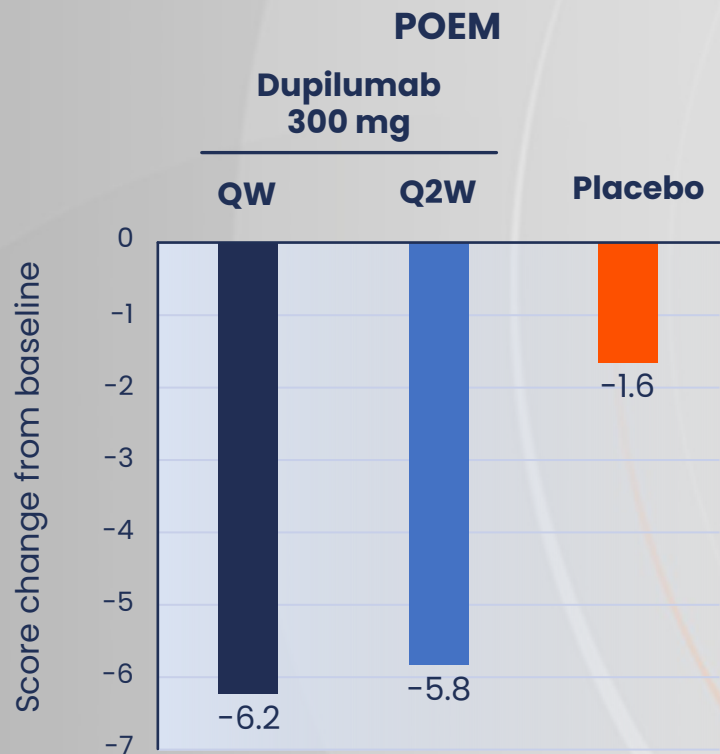
# Impact of effective systemic treatment on patient QoL

Pruritus in adults and adolescents: SOLO-1, SOLO-2, CHRONOS and AD ADOL



# Impact of effective systemic treatment on patient QoL

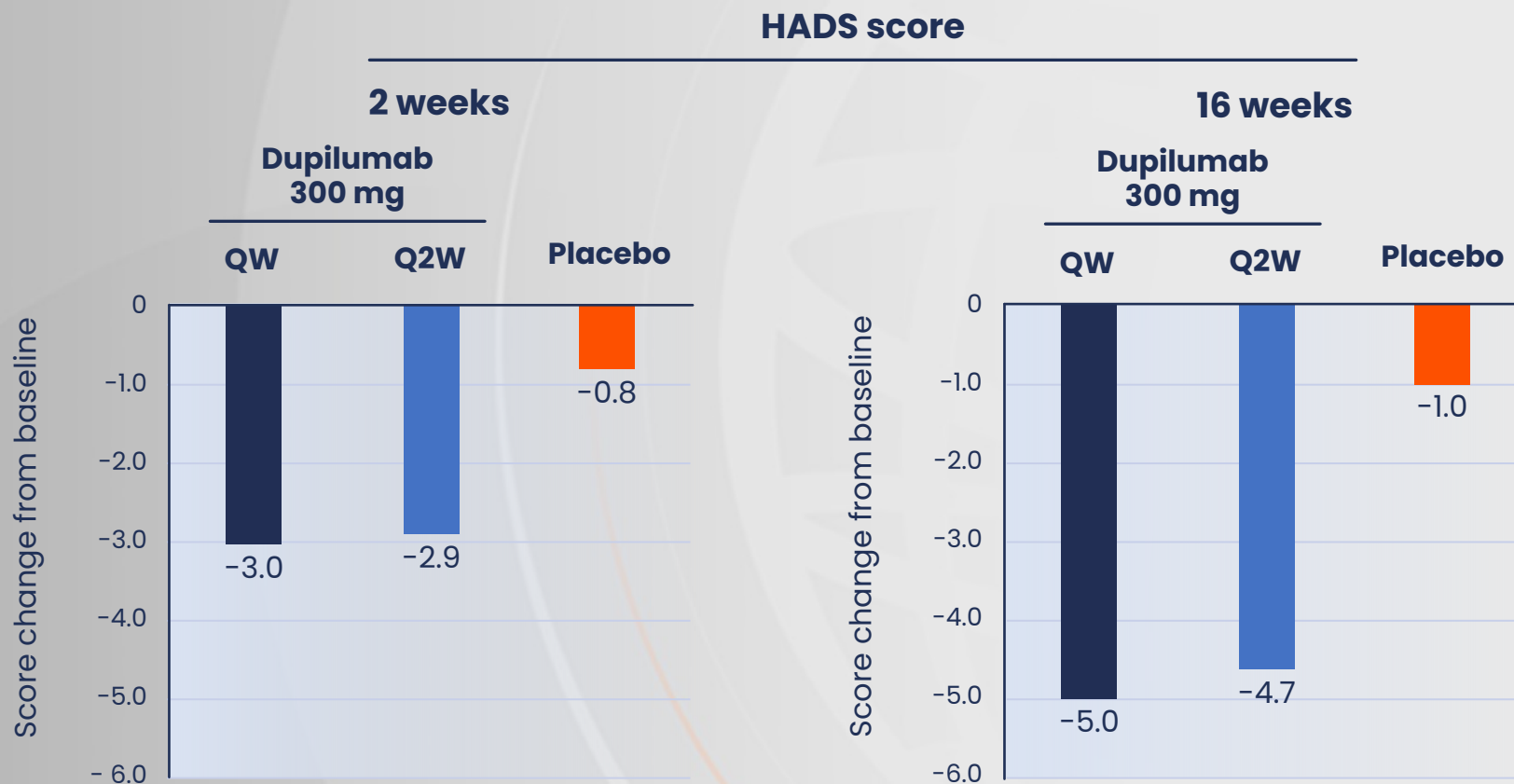
Adult patient-reported outcomes: SOLO-1 and SOLO-2





# Impact of effective systemic treatment on patient QoL

## Anxiety and depression in adults: SOLO-1 and SOLO-2



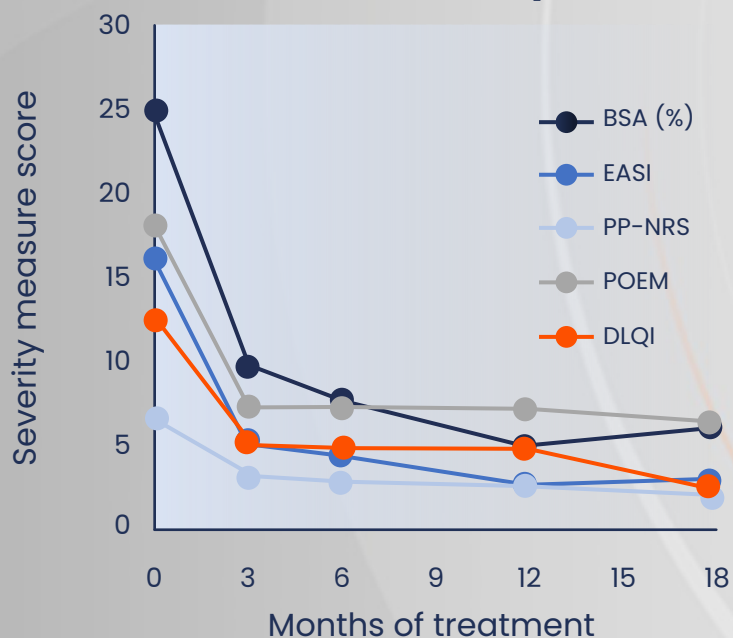
# Real-world effect of dupilumab on QoL

PROSE registry (NCT03428646): USA and Canada

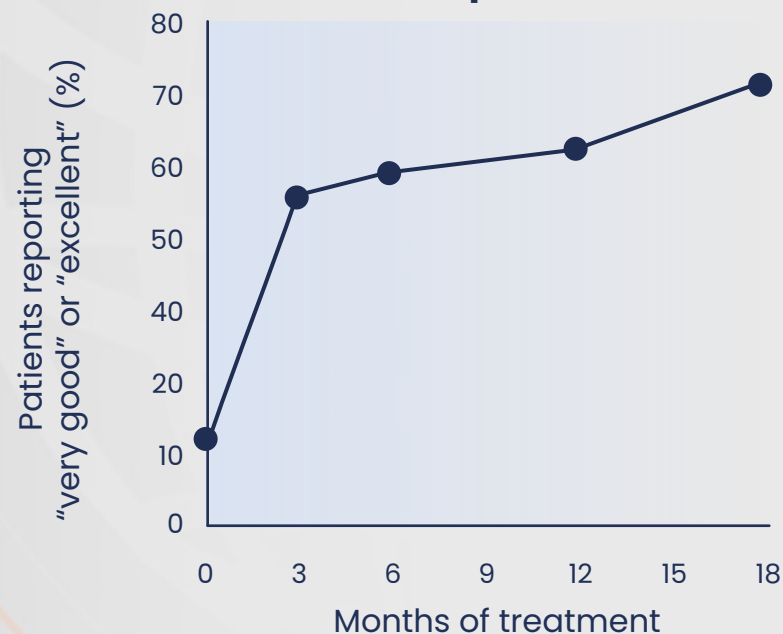


- n=563
- Adults and adolescents (≥12 years old)
- Moderate-to-severe AD
- Initiated dupilumab as per approved PI

AD severity



PGAD questionnaire



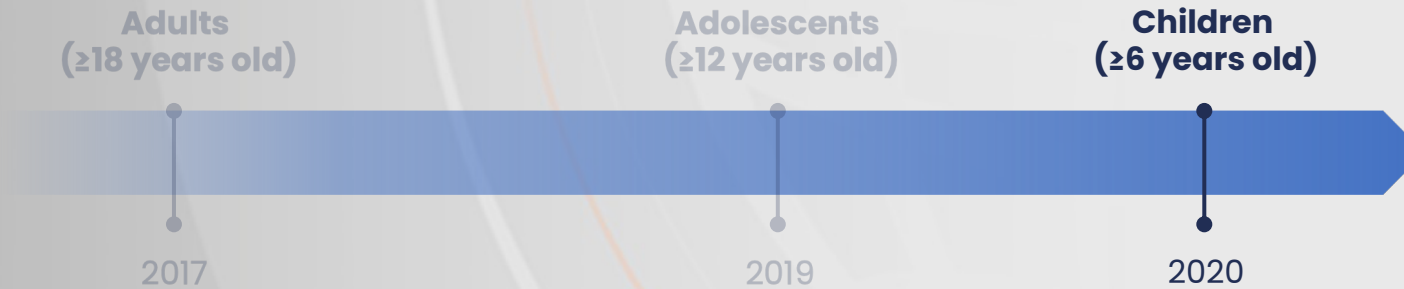
# Approved systemic therapy for AD

## Biologics

### Dupilumab<sup>1</sup>

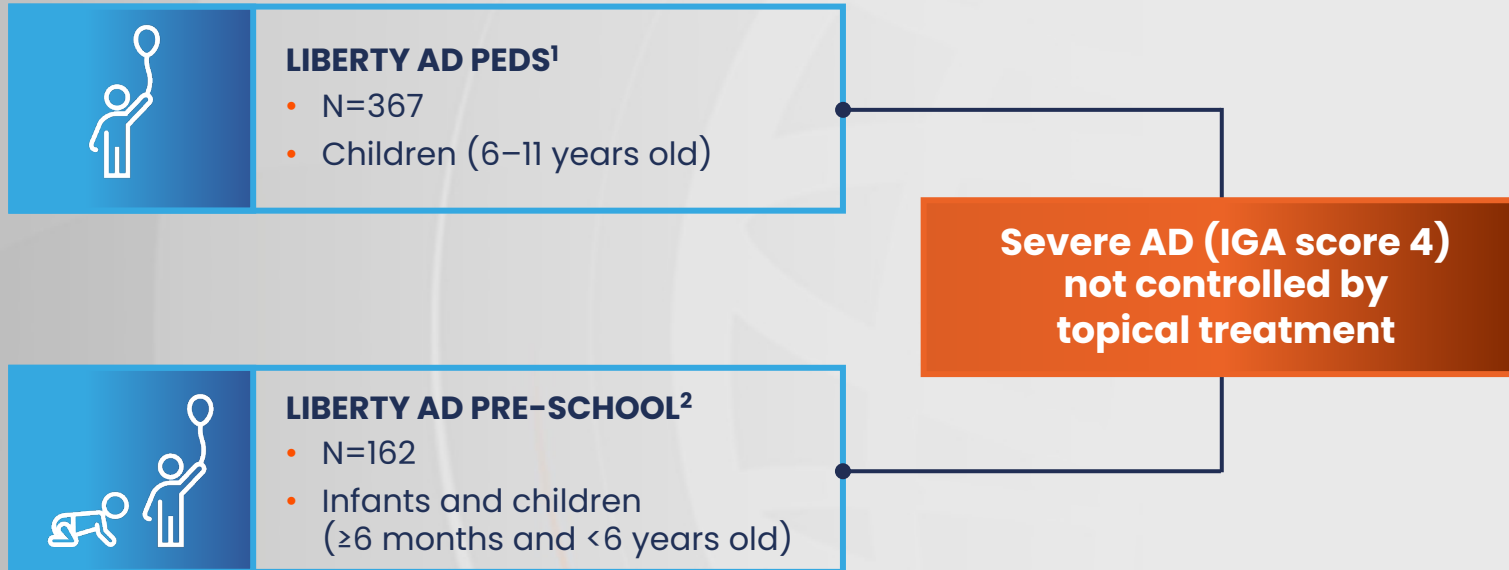
- mAb against IL-4R $\alpha$
- Inhibits IL-4 and IL-13 signalling

FDA approval history for use of dupilumab for moderate-to-severe AD not controlled with topical treatment<sup>2</sup>



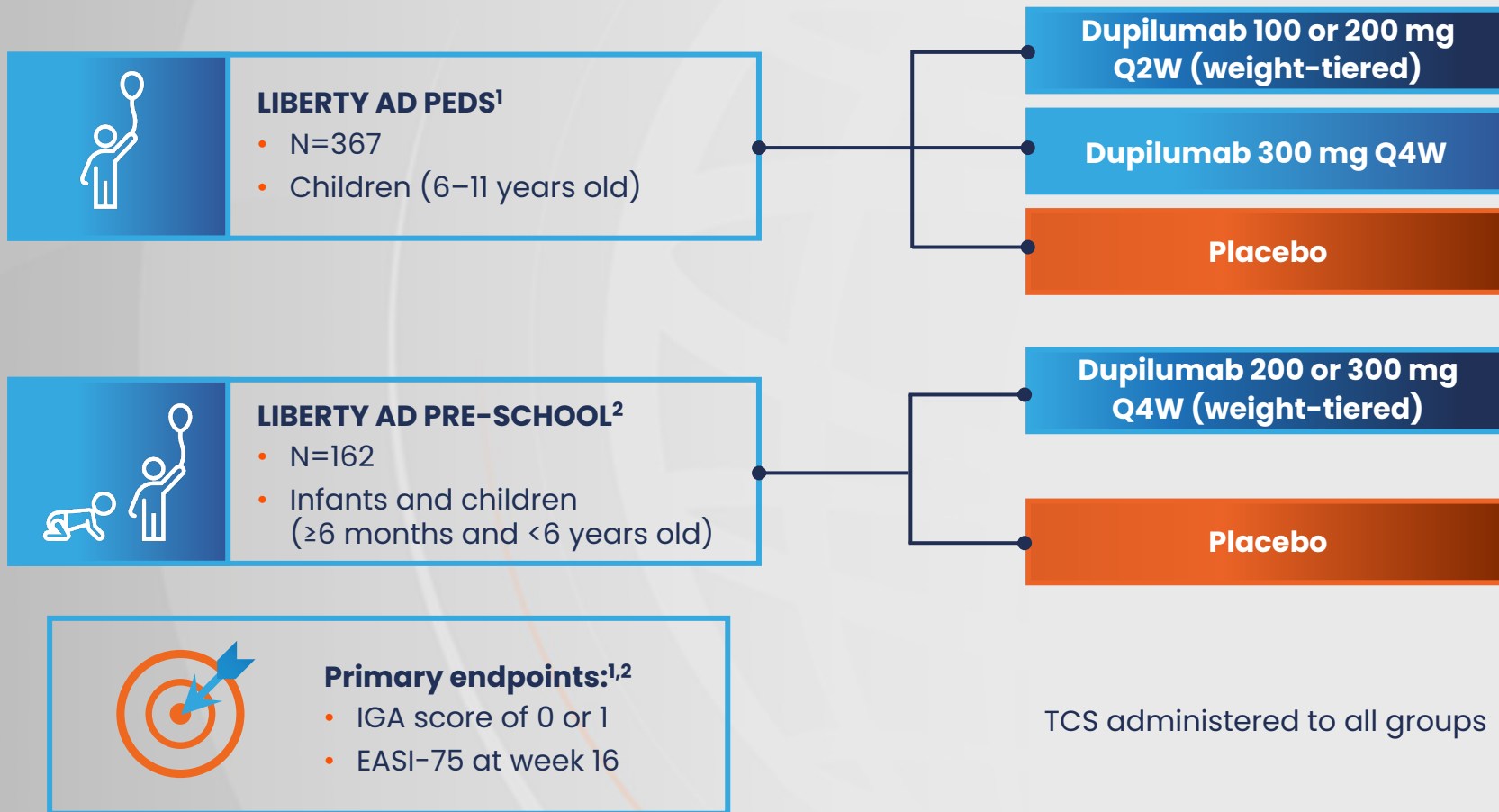
# Phase III trials of dupilumab in children and infants

## Study design



# Phase III trials of dupilumab in children and infants

## Study design



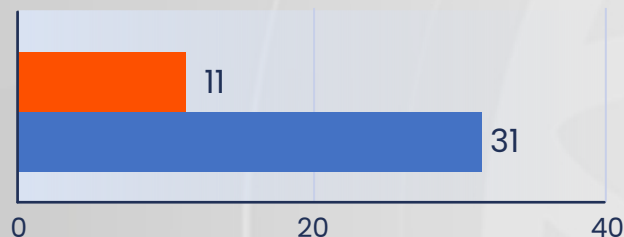
# Phase III trials of dupilumab in children and infants

Efficacy: Week 16

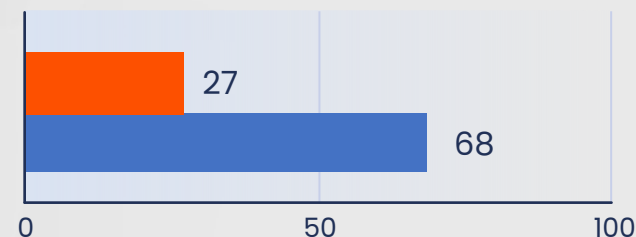
## LIBERTY AD PEDS<sup>1</sup>

- 6–11 years old
- FDA-approved<sup>2</sup>

### IGA score of 0 or 1



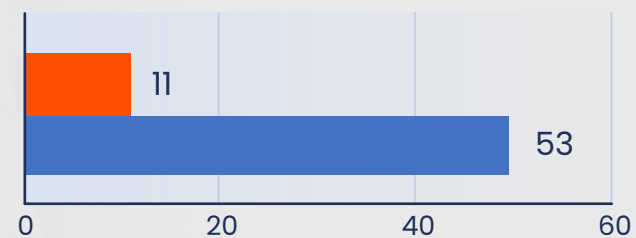
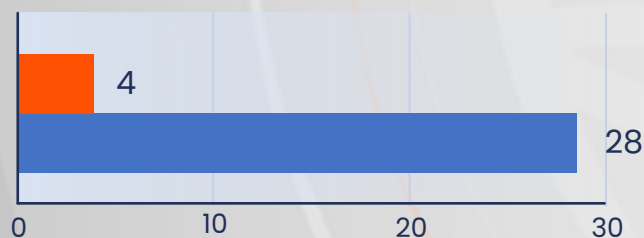
### EASI improvement of at least 75% from baseline



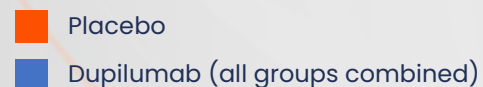
Proportion of patients achieving outcome (%)

## LIBERTY AD PRE-SCHOOL<sup>3</sup>

- ≥6 months and <6 years old
- Not yet approved



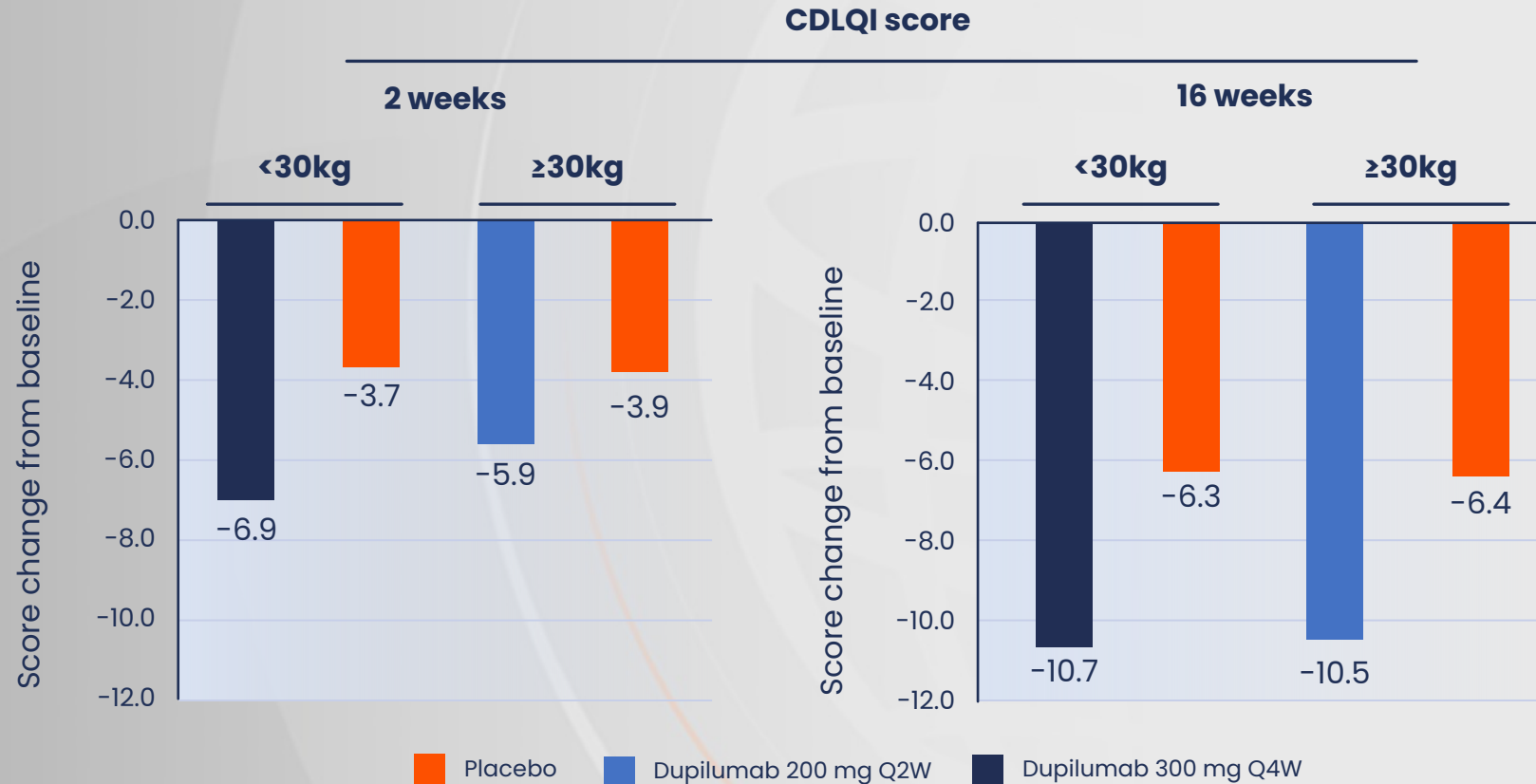
Proportion of patients achieving outcome (%)



1. Paller AS, et al. *J Am Acad Dermatol*. 2020;83:1282–93; 2. FDA. Dupilumab. Prescribing information. 2021. Available at: [www.accessdata.fda.gov/drugsatfda\\_docs/label/2021/761055s035lbl.pdf](http://www.accessdata.fda.gov/drugsatfda_docs/label/2021/761055s035lbl.pdf); 3. Sanofi. Press release: Dupilumab pivotal trial meets all primary and secondary endpoints becoming first biologic medicine to significantly reduce signs and symptoms of moderate-to-severe atopic dermatitis in children as young as 6 months. 2021. Available at: [www.sanofi.com/en/media-room/press-releases/2021/2021-08-30-07-00-00-2288011](http://www.sanofi.com/en/media-room/press-releases/2021/2021-08-30-07-00-00-2288011). All links accessed 4 October 2021.

# Impact of effective systemic treatment on children QoL

QoL in children : LIBERTY AD PEDS



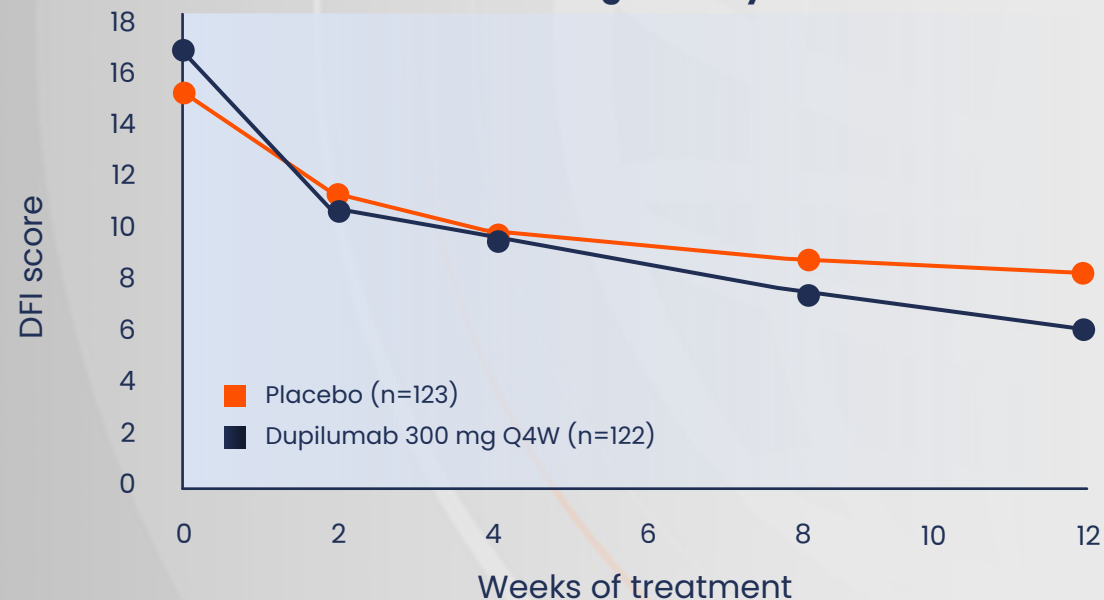
# Impact of effective systemic treatment on family QoL

## QoL in families of children: LIBERTY AD PEDS

### DFI questionnaire: Impact of AD on family life<sup>1</sup>

- Housework
- Food preparation
- Sleep
- Family leisure activity
- Shopping
- Expenditure
- Tiredness
- Emotional distress
- Relationships
- Helping with treatment

### DFI score change with systemic treatment<sup>2</sup>



DFI, Dermatitis Family Impact.

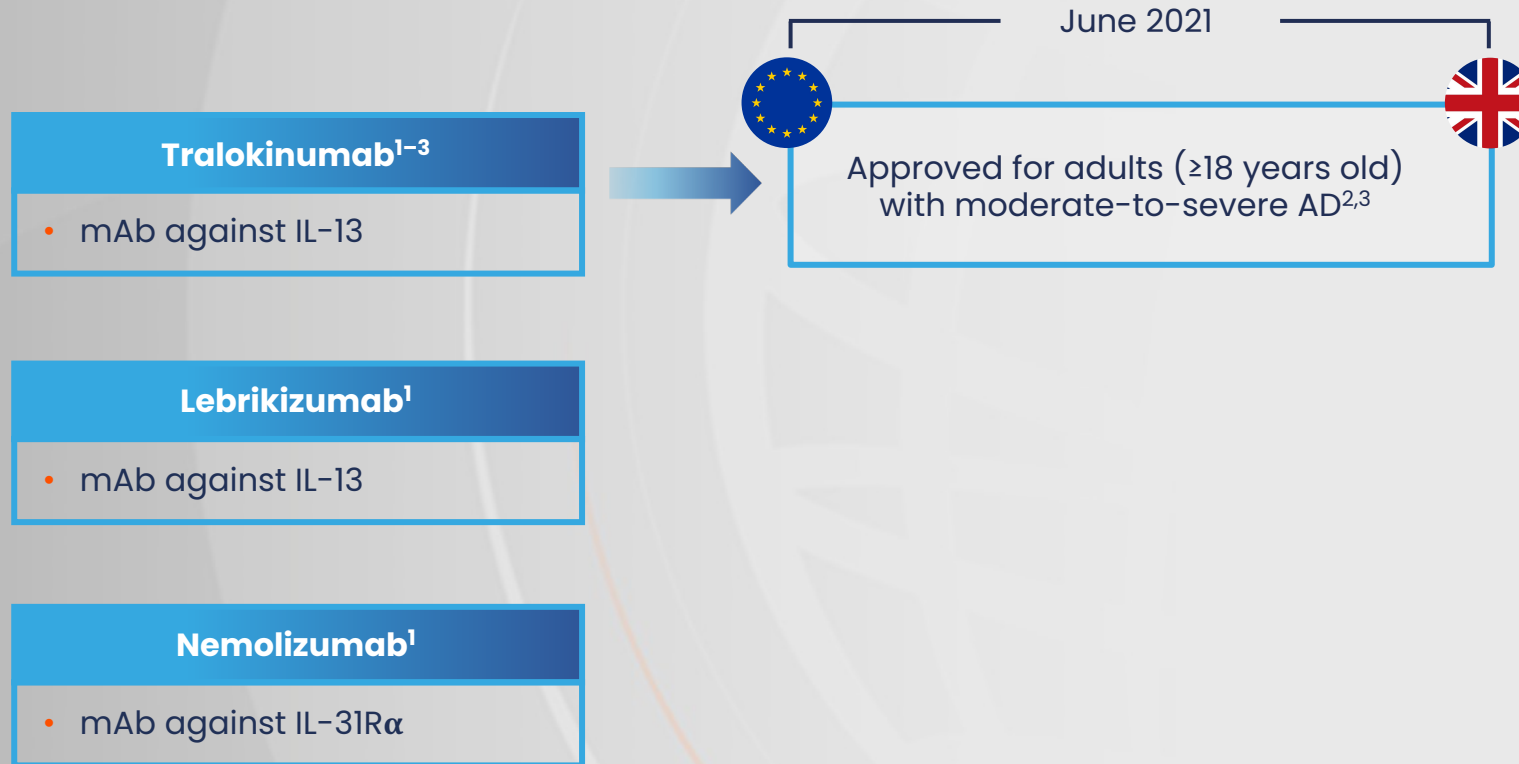
1. Paller AS, et al. Presented at the European Academy of Dermatology and Venereology 30th congress 2021. Abstract #1648;

2. Paller AS, et al. Presented at the European Academy of Dermatology and Venereology 30th congress 2021. Poster #P0239.



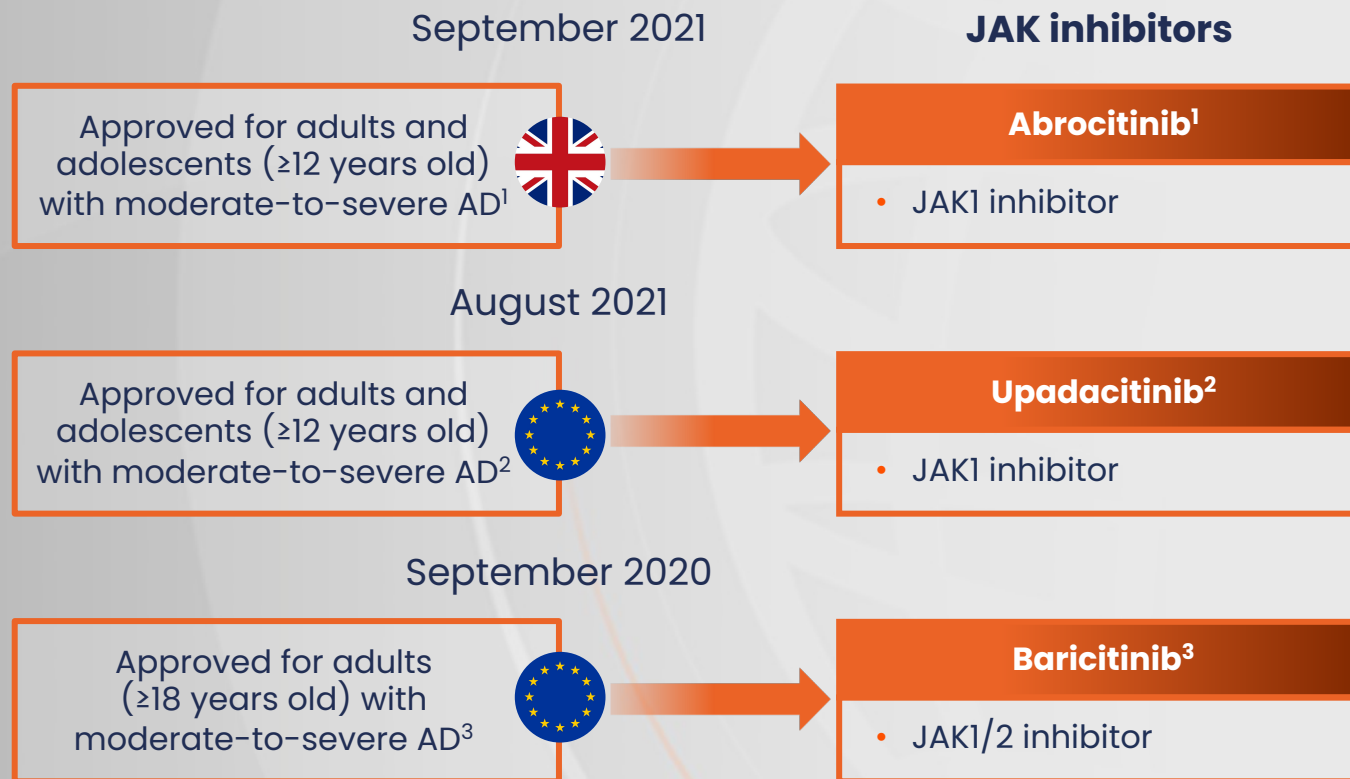
# Evolving clinical landscape for AD

## Biologics



# Evolving clinical landscape for AD

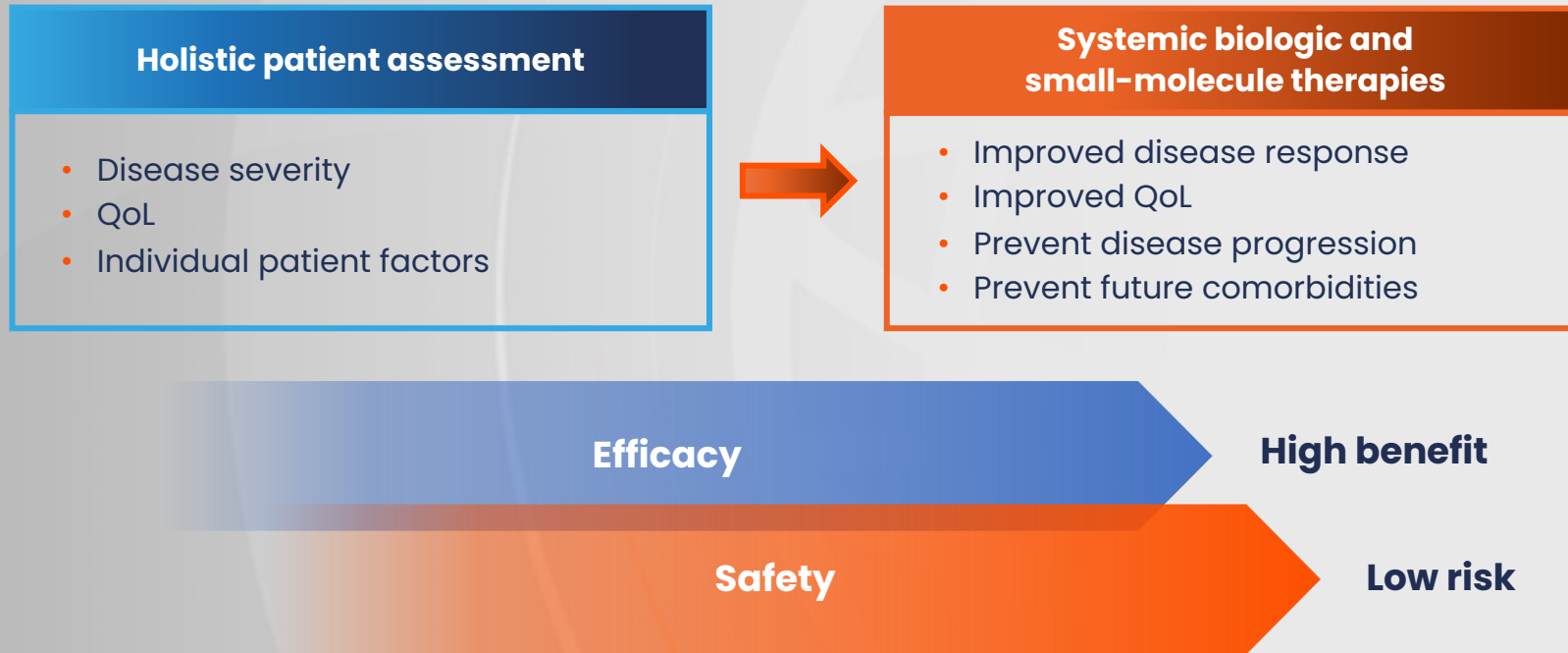
## JAK inhibitors



JAK, Janus kinase.

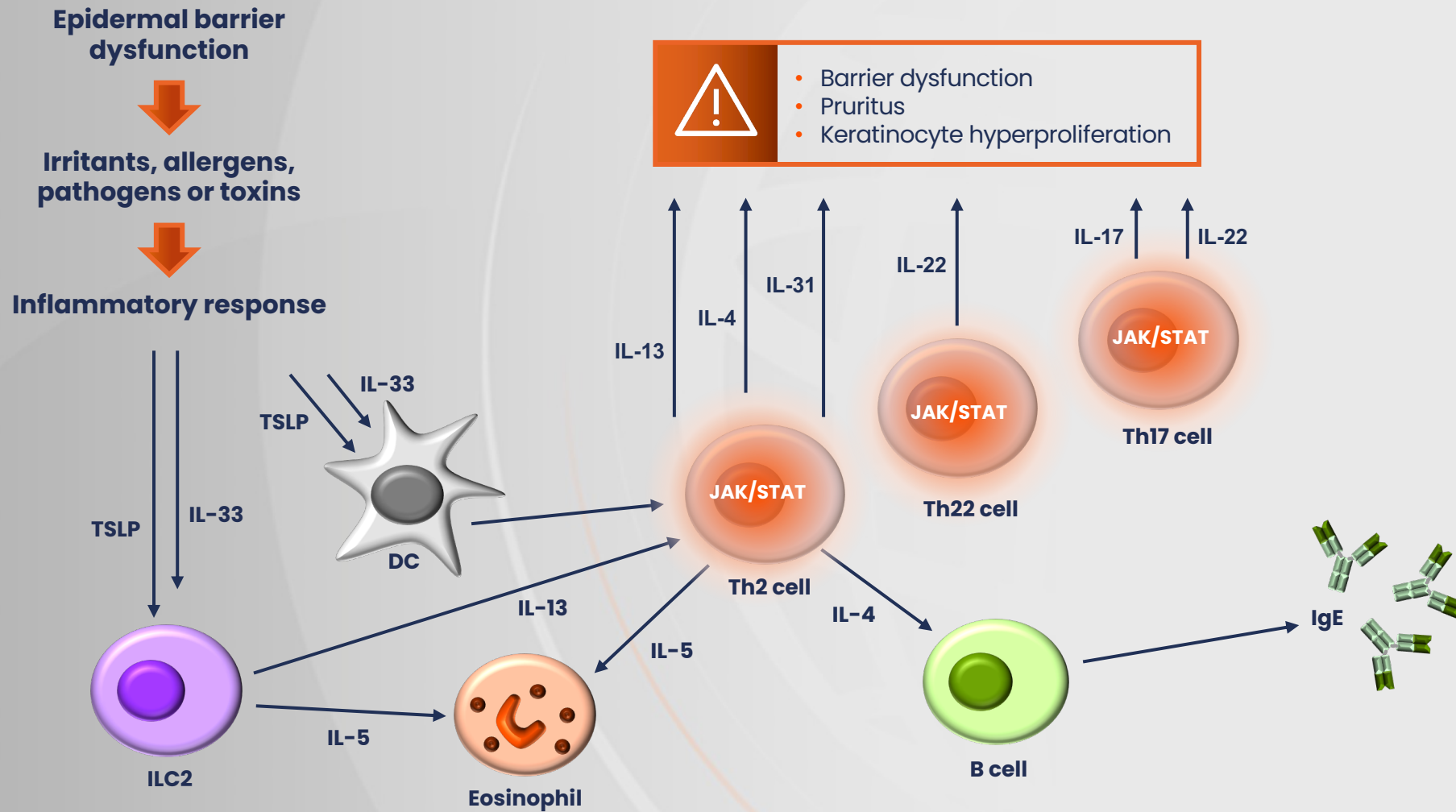
1. MHRA. Abrocitinib. SmPC. 2021. Available at: [www.medicines.org.uk/emc/product/12873/smcp#grf](http://www.medicines.org.uk/emc/product/12873/smcp#grf); 2. EMA. Upadacitinib. SmPC. 2021. Available at: [www.ema.europa.eu/en/documents/product-information/rinvog-epar-product-information\\_en.pdf](http://www.ema.europa.eu/en/documents/product-information/rinvog-epar-product-information_en.pdf); 3. EMA. Baricitinib. SmPC. 2020. Available at: [www.ema.europa.eu/en/documents/product-information/olumiant-epar-product-information\\_en.pdf](http://www.ema.europa.eu/en/documents/product-information/olumiant-epar-product-information_en.pdf). All links accessed 4 October 2021.

# Summary and conclusions



**How may emerging systemic  
therapies change the management of  
moderate-to-severe atopic dermatitis?**

# Pathophysiology of AD



# Emerging systemic therapies targeting type 2 inflammation

Agent in phase III trials for AD

## Biologics

### Tralokinumab

- mAb against IL-13

### Lebrikizumab

- mAb against IL-13

### Nemolizumab

- mAb against IL-31R $\alpha$

## JAK inhibitors

### Abrocitinib

- JAK1 inhibitor

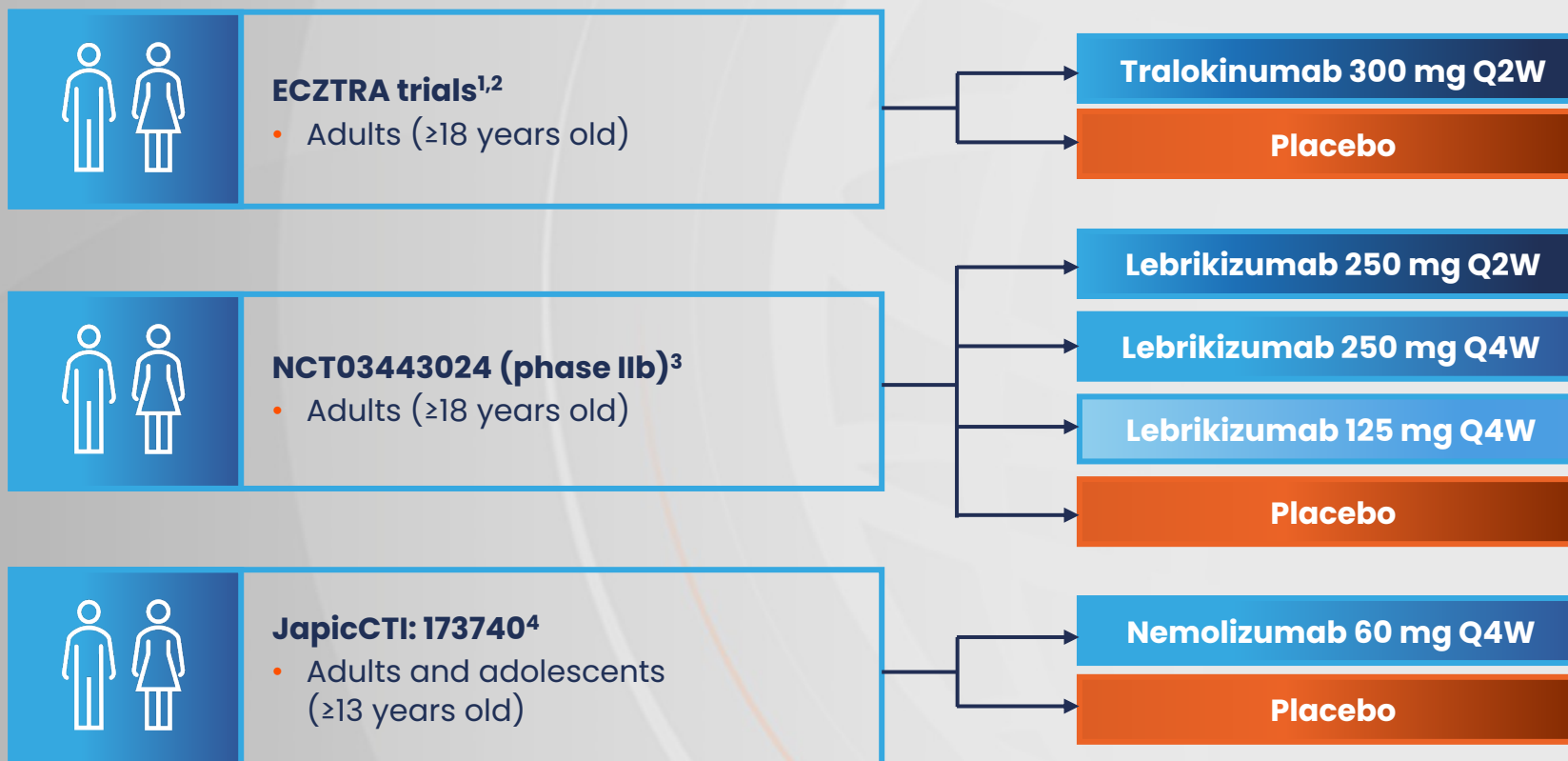
### Upadacitinib

- JAK1 inhibitor

### Baricitinib

- JAK1/2 inhibitor

# Selected clinical trials which tested biologics for AD



Q2W, once every 2 weeks; Q4W, once every 4 weeks.

1. Wollenberg A, et al. *Br J Dermatol.* 2021;184:437–92; 2. Silverberg JI, et al. *Br J Dermatol.* 2021;184:450–63; 3. Thyssen JA, et al. Presented at the European Academy of Dermatology and Venereology 30th congress 2021. Abstract 1055; 4. Kabashima K, et al. *N Engl J Med.* 2020;383:141–50.

# Emerging systemic biologics for AD: Tralokinumab

## ECZTRA trials: Study design

### ECZTRA-1 and ECZTRA-2<sup>1</sup>



- N=1,596
- Adults ( $\geq 18$  years old)
- Moderate-to-severe AD for  $\geq 1$  year
- Inadequate response to topical treatment
- AD treatment washed out before randomization

### ECZTRA-3<sup>2</sup>



- N=380
- Adults ( $\geq 18$  years old)
- Moderate-to-severe AD for  $\geq 1$  year
- Inadequate response to topical or systemic treatment
- TCS administered during trial



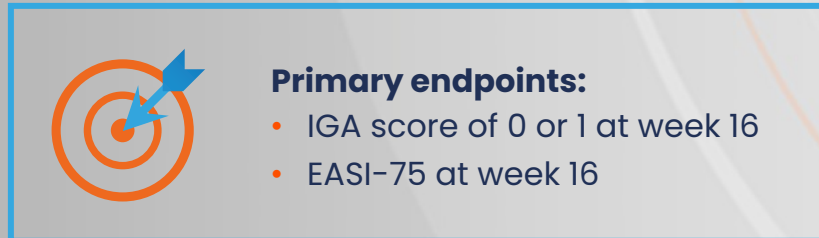
# Emerging systemic biologics for AD: Tralokinumab

## ECZTRA trials: Study design

### ECZTRA-1 and ECZTRA-2<sup>1</sup>

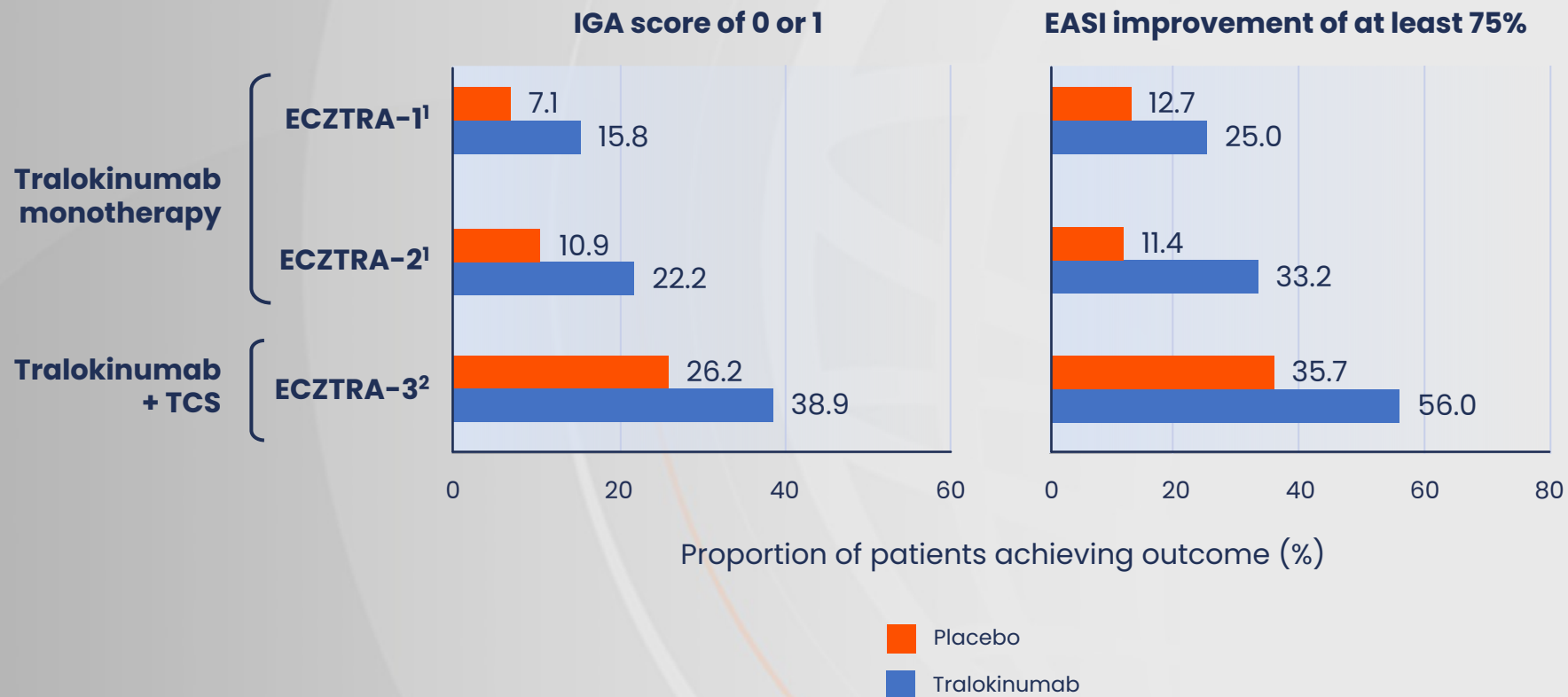


### ECZTRA-3<sup>2</sup>



# Emerging systemic biologics for AD: Tralokinumab

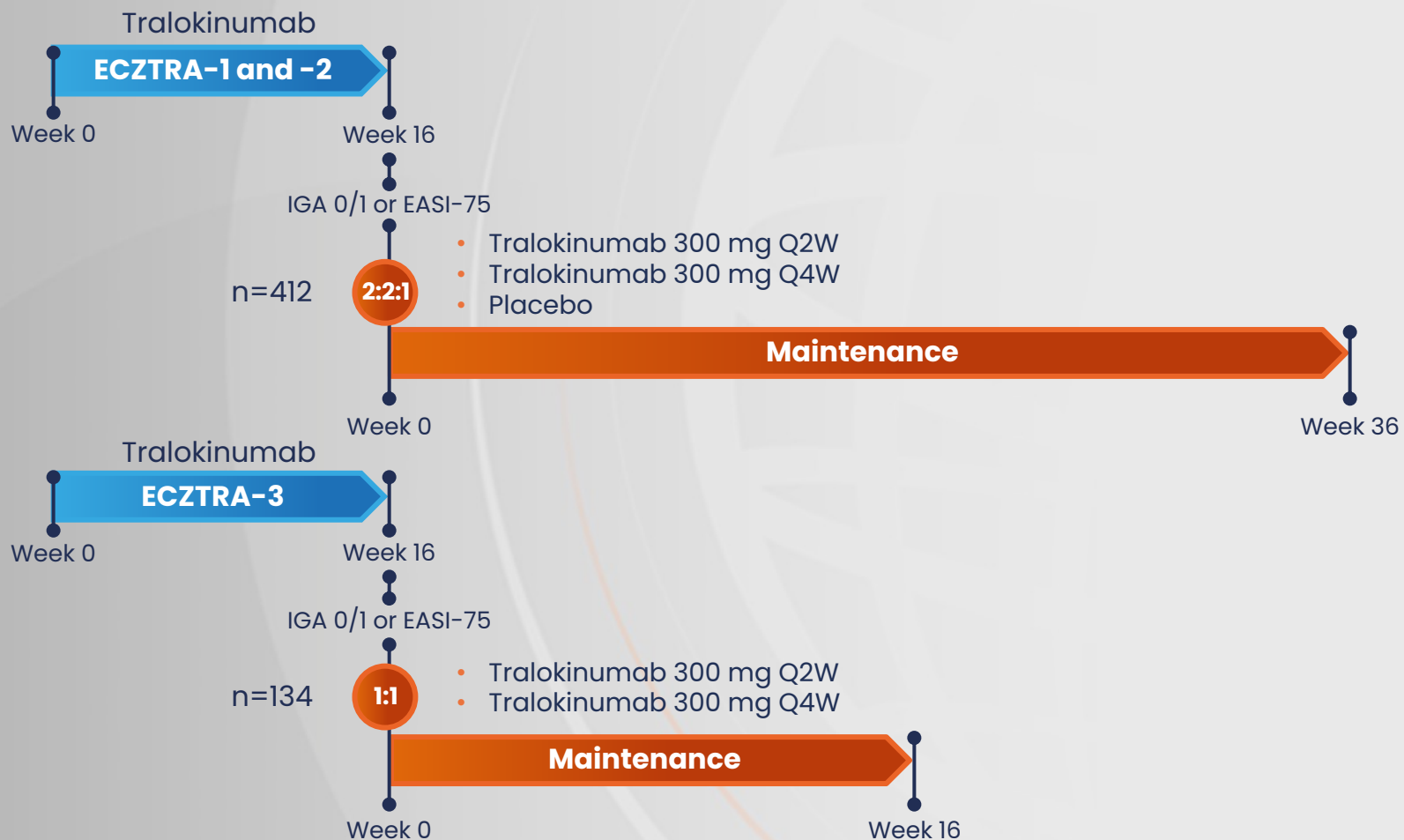
## ECZTRA trials: Primary efficacy results



1. Wollenberg A, et al. *Br J Dermatol.* 2021;184:437–92; 2. Silverberg JI, et al. *Br J Dermatol.* 2021;184:450–63.

# Emerging systemic biologics for AD: Maintenance treatment

## ECZTRA trials: Maintenance study design

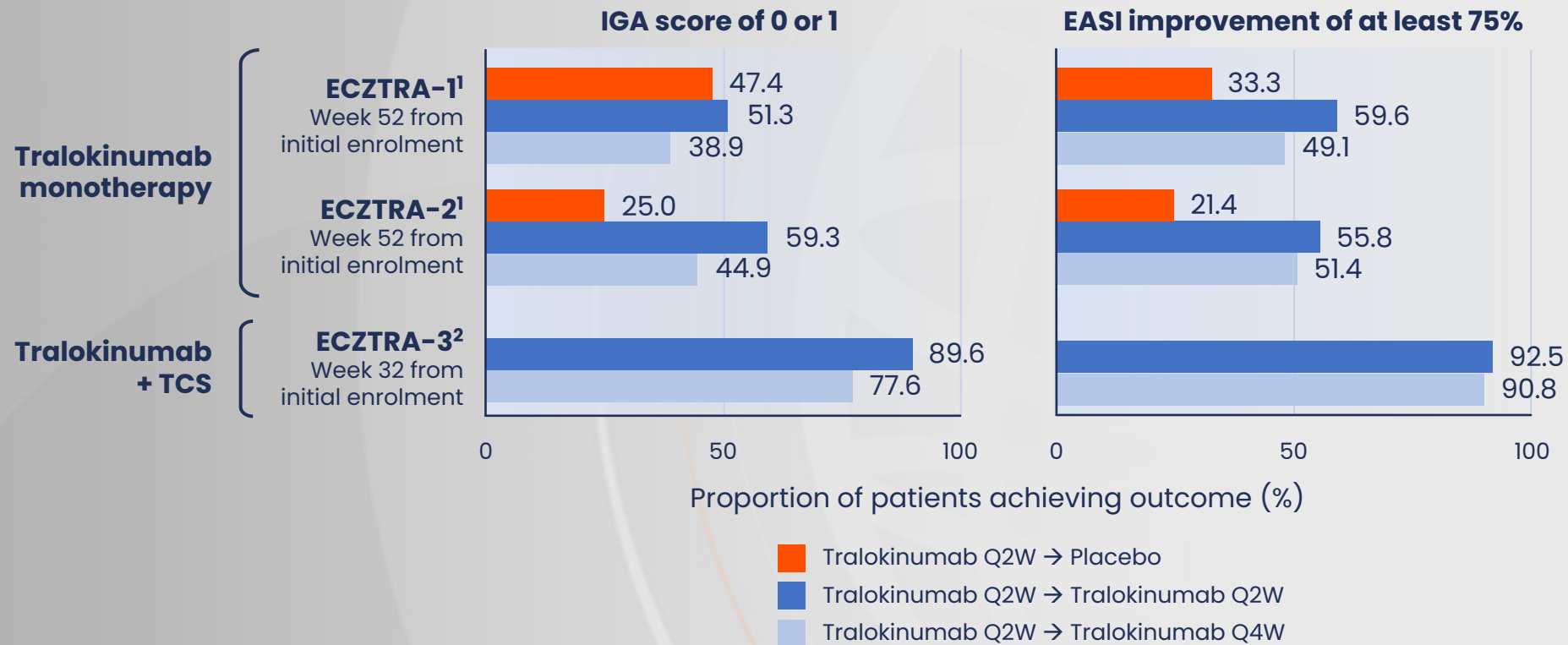


Q4W, every 4 weeks.

1. Wollenberg A, et al. *Br J Dermatol.* 2021;184:437–492; 2. Silverberg JI, et al.. *Br J Dermatol.* 2021;184:450–63.

# Emerging systemic biologics for AD: Maintenance treatment

## ECZTRA trials: Maintenance efficacy results

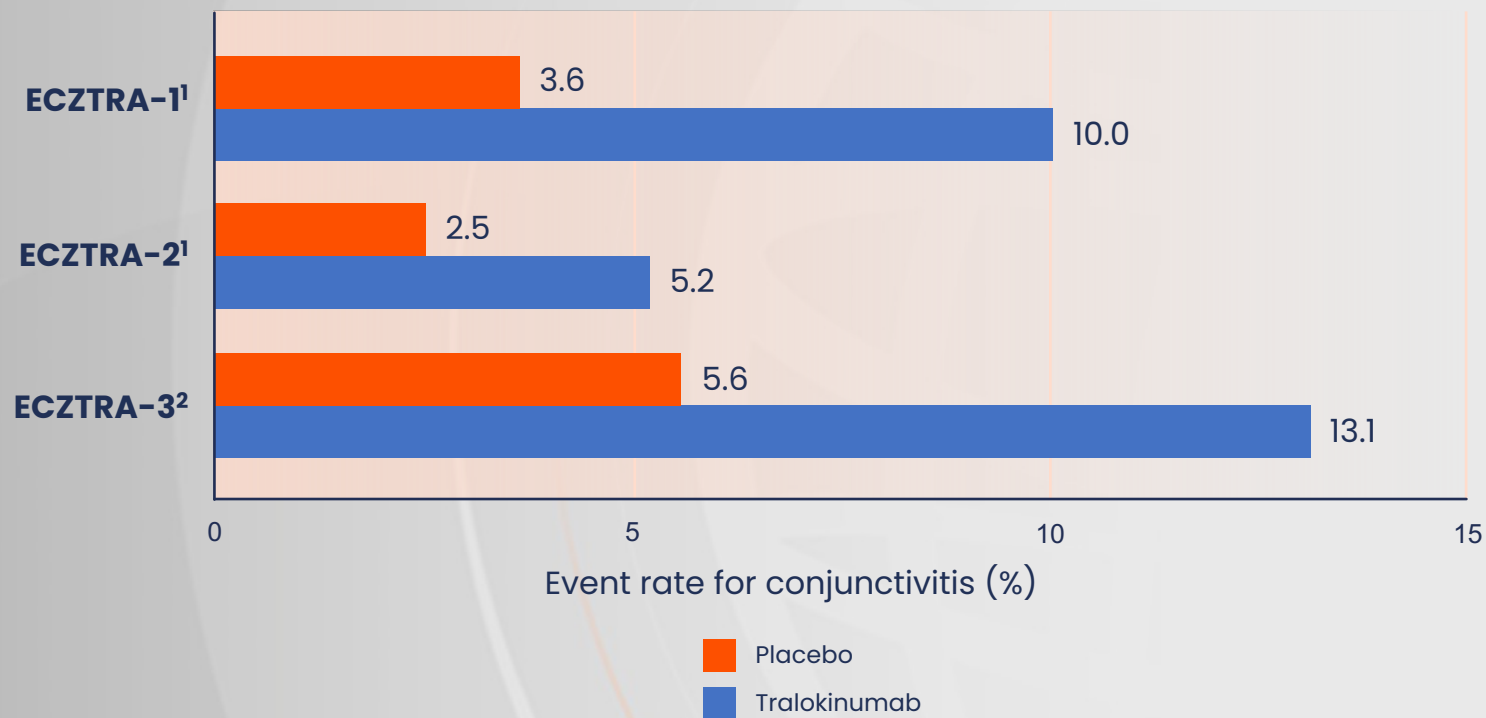


**!** EASI-75 response was maintained in 74–84.1% of patients from ECZTRA-1 and -2 treated with tralokinumab for >2 years (ECZTEND trial)<sup>3</sup>

1. Wollenberg A, et al. *Br J Dermatol.* 2021;184:437–92; 2. Silverberg JI, et al. *Br J Dermatol.* 2021;184:450–63; 3. Blauvelt A, et al. Presented at the European Academy of Dermatology and Venereology 30th congress 2021. Abstract #153.

# Emerging systemic biologics for AD: Safety profile

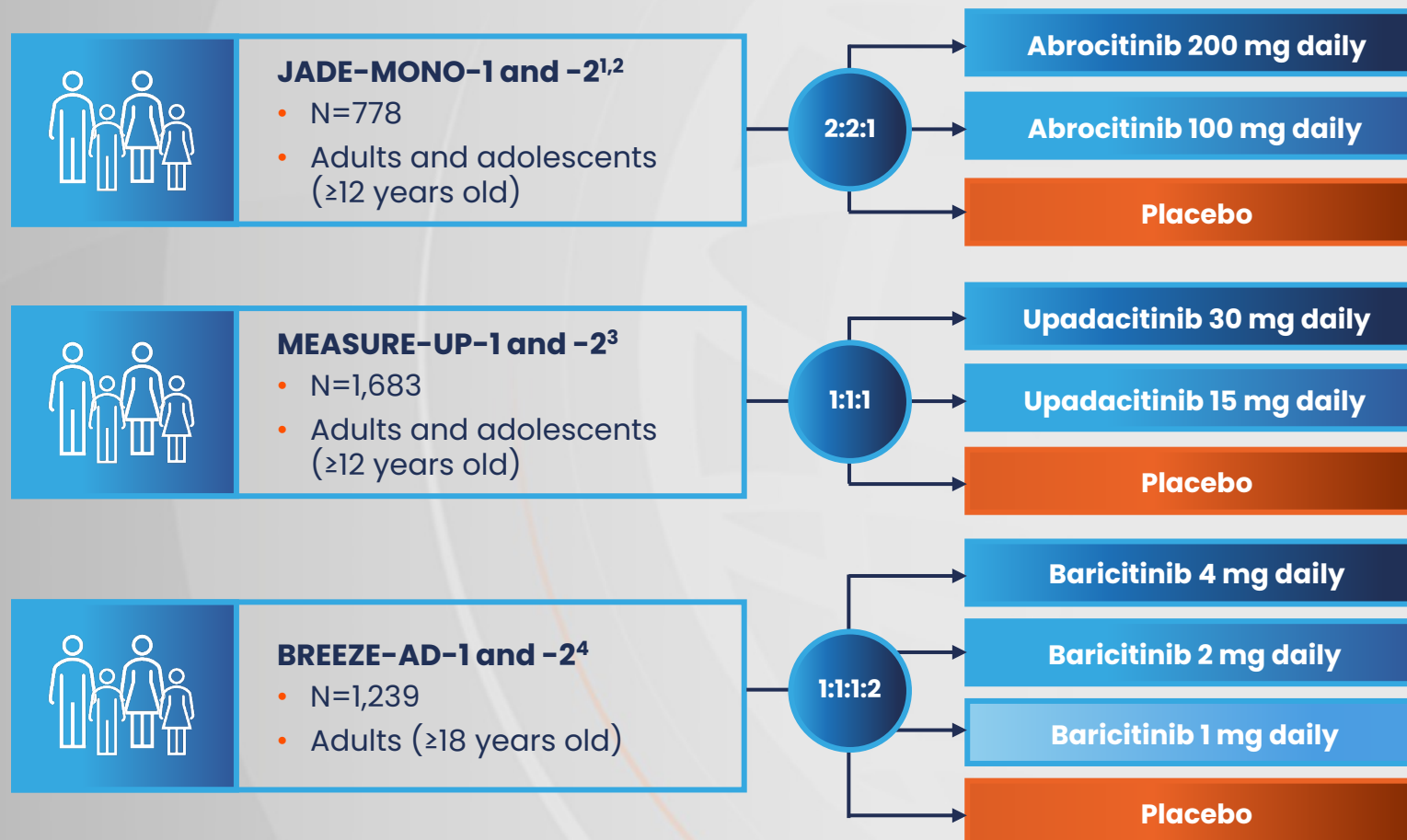
## ECZTRA trials: Incidence of conjunctivitis



**!** A higher incidence of conjunctivitis was observed in patients receiving tralokinumab

# Phase III trials of JAK inhibitor monotherapy for AD

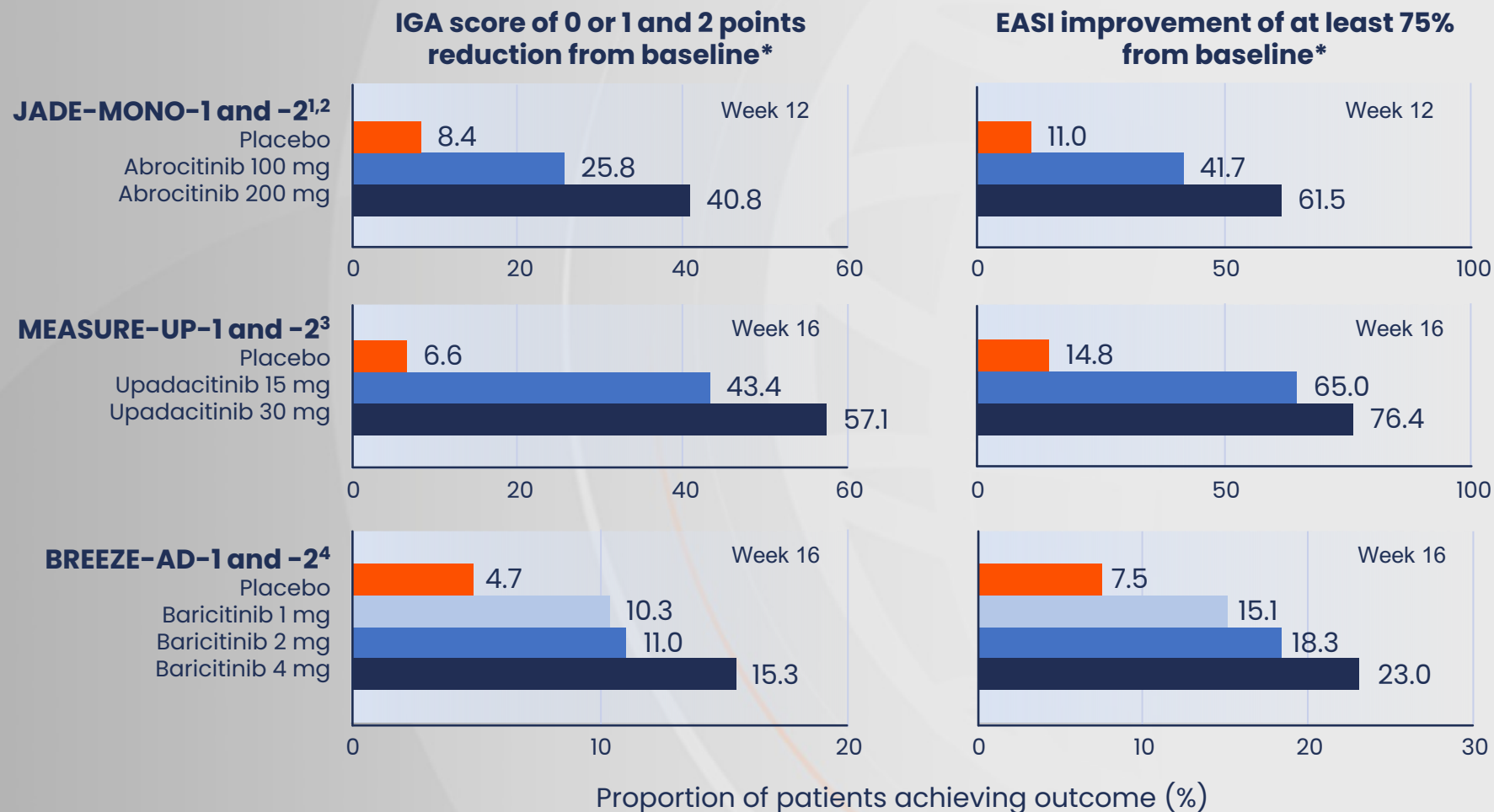
## Study design



1. Simpson EL, et al. *Lancet*. 2020;396:255–66; 2. Silverberg JI, et al. *JAMA Dermatology*. 2020;156:863–73; 3. Guttman-Yassky E, et al. *Lancet*. 2021;397:2151–68; 4. Simpson EL, et al. *Br J Dermatol*. 2020;183:242–55.

# Phase III trials of JAK inhibitor monotherapy for AD

## Study outcomes

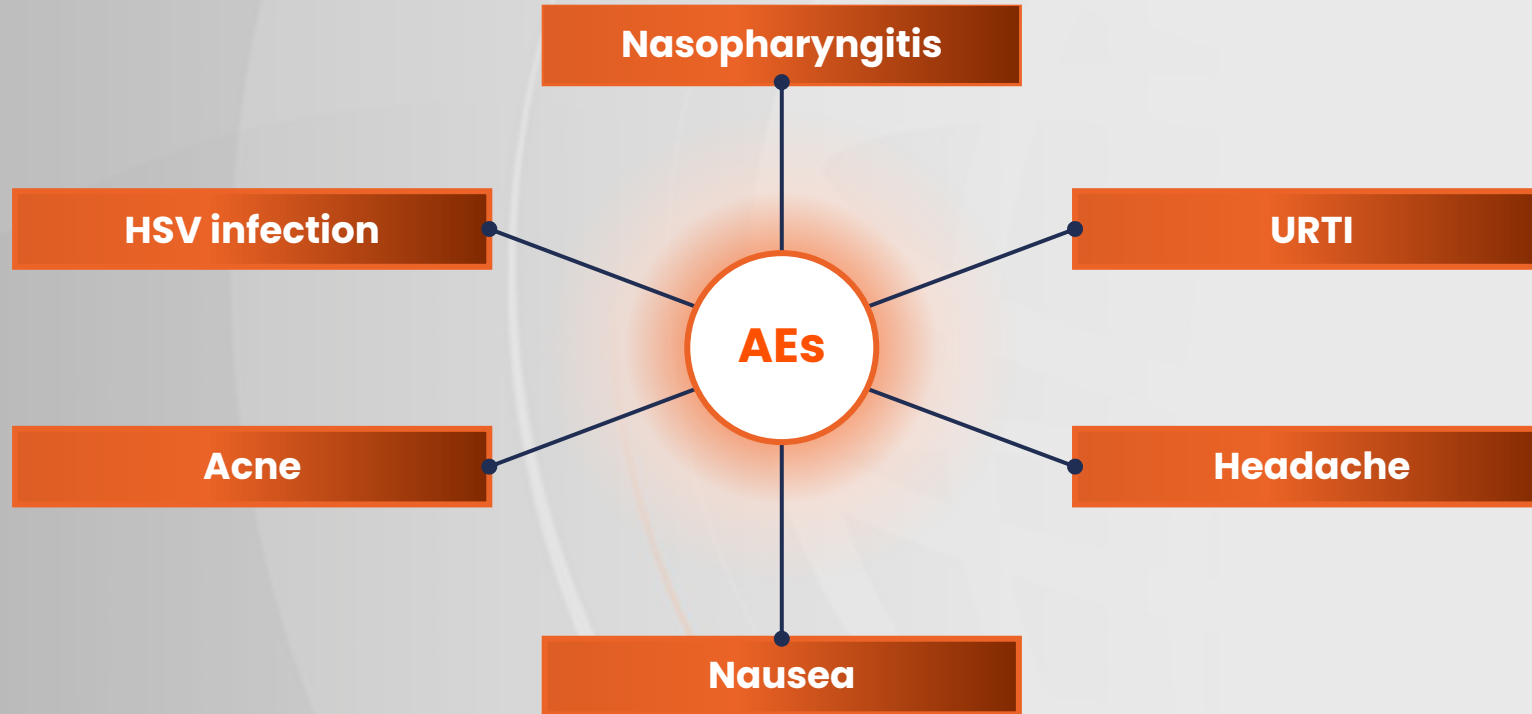


\*Cross-trial comparisons cannot be made.

1. Simpson EL, et al. *Lancet*. 2020;396:255–66; 2. Silverberg JI, et al. *JAMA Dermatology*. 2020;156:863–73; 3. Guttman-Yassky E, et al. *Lancet*. 2021;397:2151–68;

4. Simpson EL, et al. *Br J Dermatol*. 2020;183:242–55.

# JAK inhibitors: Commonly reported AEs



AE, adverse event; HSV, herpes simplex virus; URTI, upper respiratory tract infection.

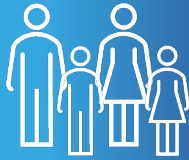
1. Simpson EL, et al. *Lancet*. 2020;396:255–66; 2. Silverberg JI, et al. *JAMA Dermatology*. 2020;156:863–73; 3. Guttman-Yassky E, et al. *Lancet*. 2021;397:2151–68; 4. Simpson EL, et al. *Br J Dermatol*. 2020;183:242–55.



# JAK inhibitors: Maintenance treatment

## JADE REGIMEN

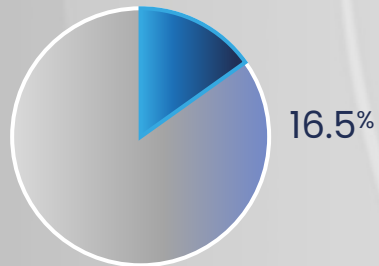
### Study design<sup>1</sup>



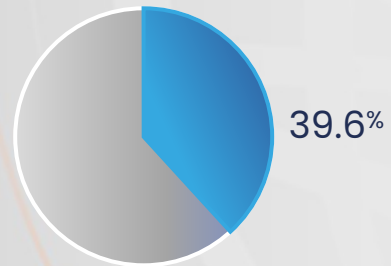
- N=1,233
- Adults and adolescents ( $\geq 12$  years old)
- Open-label induction with abrocitinib 200 mg for 12 weeks
- Patients who responded to induction were randomized 1:1:1

### Proportion of patients experiencing flares during maintenance<sup>2</sup>

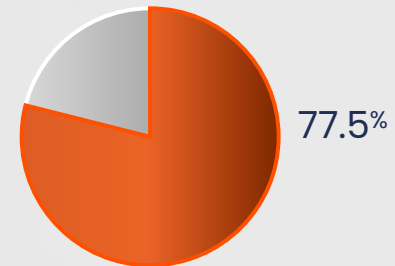
Abrocitinib 200 mg



Abrocitinib 100 mg



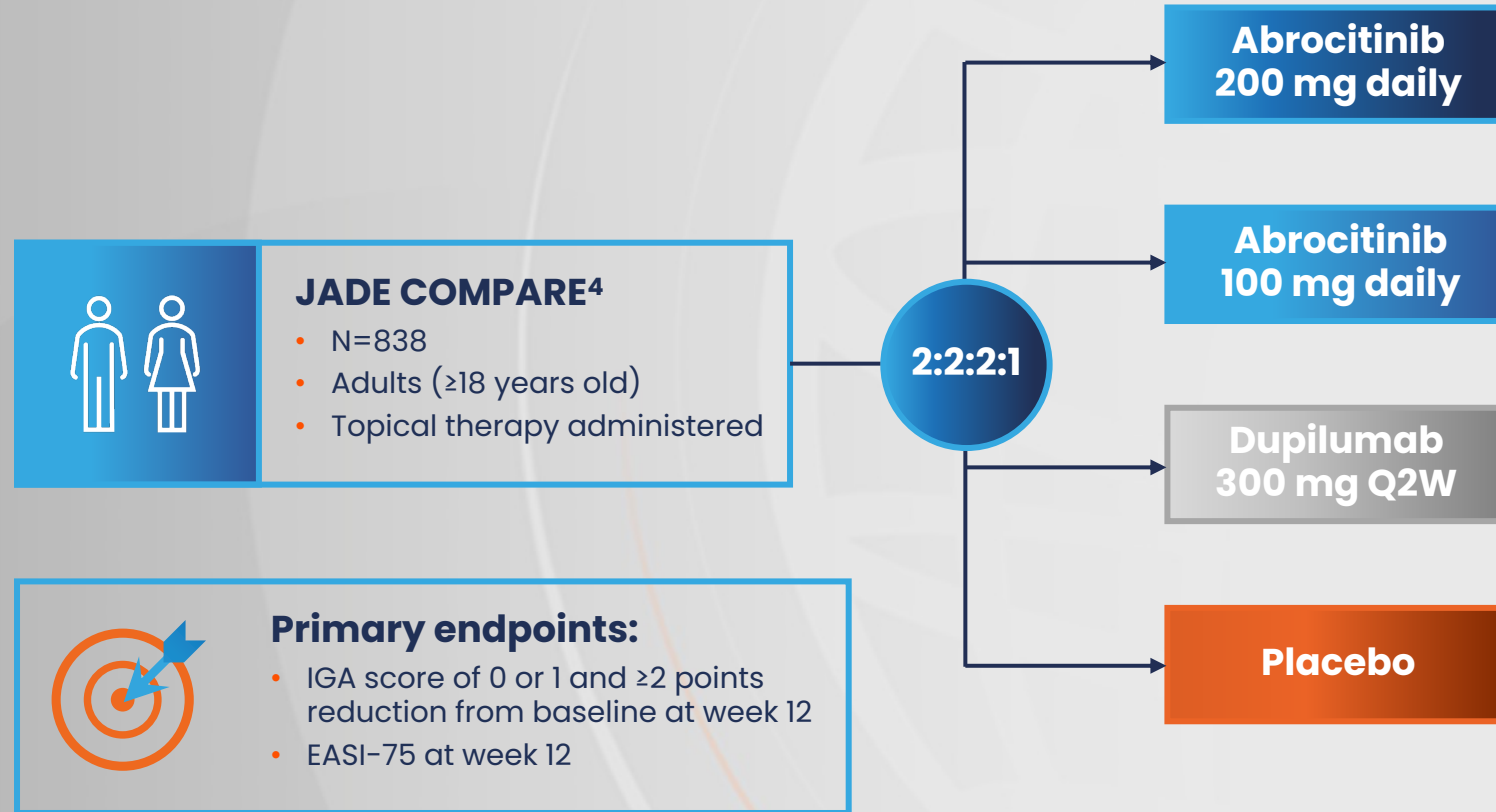
Placebo



Maintenance treatment with abrocitinib reduced the risk of flare in patients with AD in a dose-dependent manner<sup>2</sup>

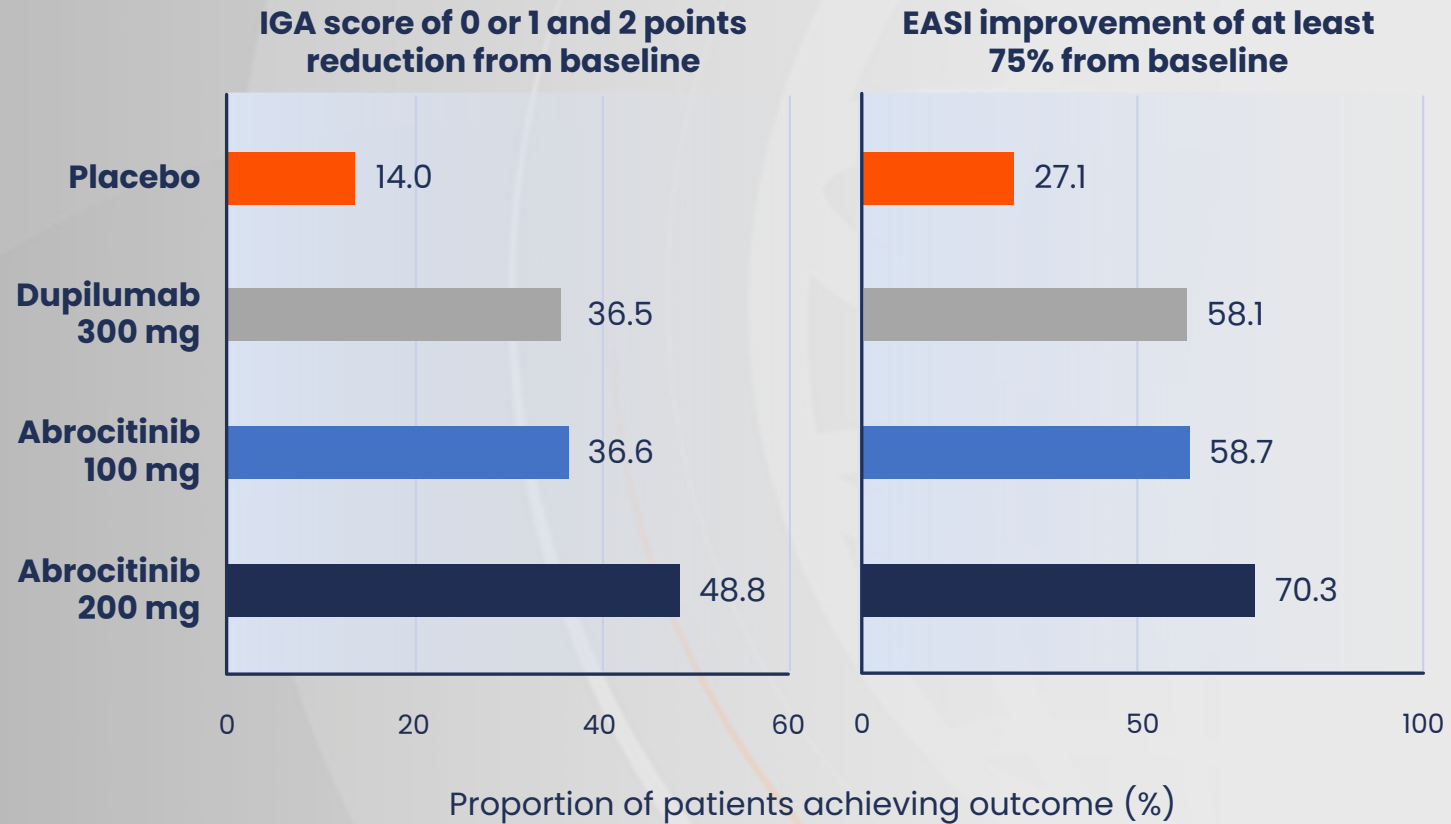
# JAK inhibitors vs biologics: Abrocitinib vs dupilumab

## JADE COMPARE: Study design



# JAK inhibitors vs biologics: Abrocitinib vs dupilumab

## JADE COMPARE: Efficacy



# The future of systemic treatment for moderate-to-severe AD

Cyclosporin A

Dupilumab

Novel biologics

JAK inhibitors

# The patient journey

## Essential clinical features<sup>1</sup>



Adults

- Pruritus
- Erythematous skin lesions and vesicles
  - History of flexural involvement
  - Not in groin and axillae regions



Infants and children

- Pruritus
- Erythematous skin lesions and vesicles
  - Face, neck, extensor involvement
  - History of flexural involvement
  - Not in groin and axillae region

Initial symptoms and diagnosis

## Chronic relapsing inflammatory conditions<sup>2</sup>

Three different clinical phases:

- Acute (vesicular, weeping, crusting eruption)
- Subacute (dry, scaly, erythematous papules and plaques)
- Chronic (lichenification, thickening)

Clinical presentation

# The patient journey

